

Seniority Rules !

December 2018



Be A Santa to a Senior

We have a Christmas tree at the front desk with names of homebound seniors in our area that may not receive Christmas presents. Each tag has 2 or 3 items that they want and sizes are listed also. Please take a tag and be a Santa to a deserving senior. Bring the gift you purchased to the center and we will wrap it for delivery on December 13. You can wrap it yourself if you would like. Keep the tag with the gift/gifts so the correct person receives it. Thank you!



Bruce Wilburn is Back!

Make plans to attend the Bruce Wilburn show on Wednesday, December 5 at 1 p.m. Lunch will be served at 11:30 with the show to follow, and suggested donation is \$10. The menu will include: tender roast beef, mashed potatoes, gravy, green beans w/bacon, white roll and assorted cheesecakes. Everyone that has seen Bruce knows he puts on a wonderful show. He will be singing some of our favorite Elvis songs and also some Christmas melodies. Dress festive and join the party. A limited number of tickets will be available and are at the front desk.



Estate Planning

Consider Remembering the
Pope County Senior
Wellness & Activity Center

When making your estate planning.
Your gift will ensure the continuation
of the center that was so much a part of
your life.
Thank You

AARP Driving Class

Monday, December 10 there will be an AARP safe driving class here at the center from 1-5 p.m. Insurance companies will give a discount to those persons completing the class.

Cost is \$15 for AARP members and \$20 for non-members. Call the office to sign up.

968-5039



Friday Bingo coming in January

Beginning on Friday, January 5, there will be bingo each Friday morning at 10 a.m. This is in addition to the regularly scheduled games on Monday, Tuesday and Thursday. We will be changing our monthly breakfast to the last Friday of the month also. Other than adding a day and changing the day of breakfast, there will be no changes to the way bingo is played.



December Trip

December is a busy month for everyone so we only have one trip planned and that is our annual evening out to see the lights. We will be going to Shane's Restaurant, home of the "mile high meringue" on their homemade pies. Then we will head back through Paris to see the beautiful courthouse square. There are always some lights to look at in Russellville also. The suggested donation for the evening is \$6 and the van will leave the center at 3:30 p.m. Please remember: Shane's payment policy is cash only. No checks or credit cards.



Christmas Dinner Friday, December 14

Christmas dinner will be served on Friday, December 14. Suggested donation is \$10 and tickets are available at the front desk. Menu will be choice of ham or 1/2 Cornish game hen, dressing, cranberry salad, sweet potato casserole, green peas w/onions, white roll, pecan pie, pumpkin pie or no sugar added cherry pie.



Pope County Senior

Activity Center

1010 N. Rochester Avenue

Russellville, AR 72801

(479) 968-5039

Fax (479) 890-4771

Hours:

Monday, Thursday & Friday

7:30A.M. to 8:00P.M.

Tuesday & Wednesday

7:30A.M. to 3:30P.M.

Senior Programs Director:

Sherry Tidwell

tidwells@fccare.org

Site Coordinator:

Davis Gateley

gateleyd@fccare.org

Meals on Wheels Coordinator:

Chelane Smith

smithc@fccare.org

Lead Cook

Dusty Gentry

gentryd@fccare.org

Website:

www.rivervalleyseiors.com

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Pope County Senior Wellness & Activity Center

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Christmas Bingo

It's getting that time of the year to do our annual Christmas surprise bingo for you.

Sometime between December 1 and December 21 we will have our special day with gift cards and Christmas candy and cookies as the prizes. Bingo will be called that day by



staff and will start at 10 a.m. We will play until 11 and then after

lunch we will continue bingo until all gift cards are gone. No cards will be sold after 10:15.

You will keep your card through lunch unless you are not staying. Then your card will be turned in to staff. No one else can play your card. There is no charge for your cards that day and you may play up to 4 cards. If you win a gift card, then you can only win candy or

cookies after that.



Put on your ugliest Christmas sweater and join the fun on Monday, December 17. Lets see how crazy everyone can get. The winner will get a prize so don't miss out.

Some changes in December

December 3—No oil painting

December 3—Kristi from UAMS will be here with brainteasers and prizes

December 7—No volleyball tournament

December 12—No van routes

December 12—Craft club goes to Clarksville SAC

December 13—Craft club goes to Dardanelle SAC

December 19—No Pocola this month

Let's Laugh

One Christmas a mother decided she was no longer going to remind her kids to send thank you notes. Consequently, the kids' grandmother never received any thanks for the Christmas checks she sent to the kids. The very next Christmas, all the kids stopped by in person to thank their grandmother for their checks. When asked by a friend what caused this change in behavior, the grandmother replied, "Simple. This year I didn't sign the checks".



The Center will be closed on Monday and Tuesday, December 24 and 25.

From everyone at the center, we wish you a very Merry Christmas



Arts & Crafts

Annual Craft Fair

The crochet club that meets each Thursday in the library and makes the adorable baby caps for St. Mary's hospital is having their annual craft sale on Thursday and Friday, December 6 and 7. The ladies sell beautiful caps, baby blankets, afghans, scrubbies, dish cloths and much more for very reasonable prices. The proceeds keep them in yarn for the year.

On that Friday, December 7, we have also invited 2 other local ladies that sell crafts to set up in the dining room. The crochet ladies will be set up in the library, sun room and game area in the middle of the building. One of the ladies has jewelry for sale and the other makes holiday crafts out of glass squares.



Come and do some Christmas Shopping.



It's time to give a big shout out and thanks to the many people that volunteer in this center. On Monday, December 17 we will have some goodies at 1 p.m. in the dining room. Everyone knows that Lisa Can really put out a nice display of great stuff to eat. Each person that attends will be entered in a drawing for a \$25 Walmart gift card. Remember, a volunteer is anyone who has an active page in the volunteer book. See you on the 17th.

Thank You !!

Pope County Senior Wellness & Activity Center

Advisory Council Members:

Joe Jirinec—President

Norma Humphrey—Vice President

Merle Lane

Vicki High

Robert Beckham

Nilene Wester

Susan Kahon

Joan Peak

About Our Center

Pope County Senior Wellness & Activity Center serves people who are 60 years of age or older, or are the spouse of someone who is 60 or older who participates in our program. Although we receive some federal and state funding, we must generate money locally to help meet operating expenses. We ask that each participant donate as much as he or she is able. A \$5.00 donation for lunch and \$1.00 donation for transportation are suggested for those 60 and over. For visitors under the age of 60 and all carry-outs, the cost of lunch is \$8.00. Donations are extremely important and very much appreciated. Your senior center depends on you.

If you are interested in van service please contact the center at 479-968-5039.

Blood Pressure Machine

Remember we have a blood pressure machine in the library. Please feel free to use it. Courtesy of Area Agency on Aging.



Grounds Maintained by:
The Pope County Master
Gardeners