


May 2019		Dardanelle Senior Center			Congregate Menu	
Monday	Tuesday	Wednesday	Thursday	Friday		
<p>We also serve chef salads daily with your choice of one meat: turkey, chicken or ham Call 229-4129</p>		<p>1 Chicken and Rice Casserole Italian Green Beans Wheat Roll Peaches</p>	<p>2 Grilled Chicken on a Bun Lettuce and Tomato Sweet Potato Fries Brownie</p>	<p>3 Frito Chili Pie Cheese and Onions Tossed Salad Sherbet</p>		
<p>6 Chicken N Dumplings or Salmon Patty with Rice Green Beans Wheat Roll Mandarin Oranges</p>	<p>7 Breaded Pork Chop Pinto Beans Turnip Greens Buttery Cornbread Ambrosia</p>	<p>8 Homemade Meatloaf Mashed Potatoes with White Gravy Antigua Vegetables Wheat Roll Frosted Peanut Butter Cake</p>	<p>9 Oven Fried Chicken Cheese Baby Bakers Sweet Corn Wheat Roll Banana Pudding</p>	<p>10 Hamburgers Lettuce, Tomato, Onion and Pickle French Fries Pineapple Crunch</p>		
<p>13 Brown Sugar Baked Ham Loaded Sweet Potato Black Eyed Peas Buttery Cornbread Fruit Cocktail</p>	<p>14 Charles Cheesy Lasagna Tossed Salad Garlic Bread Baked Peaches</p>	<p>15 BBQ Chicken Potato Salad Corn on the Cob Wheat Roll Strawberry Shortcake</p>	<p>16 Smothered Pork Chops Rice Pilaf Cabbage and Carrots Buttery Cornbread Apple Crisp</p>	<p>17 Taco Salad Refried Beans Tortilla Chips Cheese Dip Golden Fruit Cup</p>		
<p>20 Hamburger Steak or Liver and Onions Mashed Potato Brown Gravy Cauliflower Wheat Roll Pineapples</p>	<p>21 Loaded Baked Potato with Ham or Chicken Broccoli Wheat Roll Fruit Sorbet with Cookie</p>	<p>22 Vegetable Soup Tuna Salad on Wheat Bread Lettuce and Tomato Ruffles Chips Fresh Apple</p>	<p>23 Homemade Meatloaf Garlic Mashed Potato Succotash Wheat Roll Butterscotch Cream Tart</p>	<p>24 Pulled Pork on a Bun Baked Beans Calico Slaw Pears and a Cookie</p>		
<p>27 Closed for Memorial Day</p>	<p>28 Scrumptious Roast Beef Mashed Potatoes with Gravy Roasted Carrots Wheat Roll Tropical Fruit</p>	<p>29 Robust Spaghetti Broccoli Garlic Roll Chocolate Trifle</p>	<p>30 Chicken Livers or Chicken Tenders Mashed Potato Green Peas Wheat Roll Lemon Pudding</p>	<p>31 Breakfast 8:30 Breakfast Casserole Bacon Biscuit and Gravy Assorted Danish Assorted Juices</p>		