



April 2019

Pope County Senior Wellness & Activity Center

Daytime

Mon	Tue	Wed	Thu	Fri
1 9:00 Advanced Oil Painting 10:00 Bingo 11:00 Strong Women	2 <i>Beanshooters @ Danville</i> 9:00 – Noon Watercolor Painting Class 9:00 Exercise Group 10:00 Bingo	3 <i>BBB Tournament</i> 10:00 Creative Coloring 11:00 Strong Women	4 9:00 Exercise Group 9:00 Crochet Club 10:00 Bingo	5 <i>Volleyball Tournament</i> 10:00 Bingo 11:00 Strong Women
8 9:00 Advanced Oil Painting 10:00 Bingo 11:00 Strong Women	9 <u>11- 1:00 Congressman Womack Mobile Office</u> 9:00 – Noon Watercolor Painting Class 9:00 Exercise Group 10:00 Bingo <i>BBB Tournament in Arkadelphia</i>	10 10:00 Creative Coloring 11:00 Strong Women <i>BBB Tournament in Arkadelphia</i>	11 9:00 Exercise Group 9:00 Crochet Club 10:00 Bingo	12 10:00 A-Z & Catfish Hole in Alma 10:00 Bingo 11:00 Strong Women
15 9:00 Advanced Oil Painting 10:00 Bingo <u>11:00 CBD Oil Program</u> 11:00 Strong Women	16 8:00 Pocola 9:00 – Noon Watercolor Painting Class 9:00 Exercise Group 10:00 Bingo	17 <i>Eagles vs. Clarksville Here</i> <u>8:30 – 11:00 Ark Tech Nursing Department Blood Pressure & Blood Sugar</u> 10:00 Creative Coloring 11:00 Strong Women	18 9:00 Exercise Group 9:00 Crochet Club 10:00 Bingo	19 8:30 Top of the Rock 10:00 Bingo 11:00 Strong Women
22 9:00 Advanced Oil Painting 10:00 Bingo 11:00 Strong Women	23 9:00 – Noon Watercolor Painting Class 9:00 Exercise Group 10:00 Bingo	24 <i>VR vs. Morrilton Here</i> 10:00 Creative Coloring 10:45 Mystery Trip 11:00 Strong Women	25 9:00 Exercise Group 9:00 Crochet Club 10:00 Bingo	26 9:30 Byrd's Restaurant 10: 00 Bingo w/Breakfast to follow 11:00 Strong Women
29 9:00 Advanced Oil Painting 10:00 Bingo 11:00 Strong Women	30 <i>VR vs. Clarksville Here</i> 9:00 – Noon Watercolor Painting Class 9:00 Exercise Group 10:00 Bingo	<p><i>Happy Easter!</i></p>		<p><i>This calendar is not necessarily always accurate. Times of BBB games may change. Please see your team captain for correct times and always check departure times for trips.</i></p>