

The Silver Thread
Newsletter

JUNE 2019



Thanks Volunteers

There was 20 volunteers that provided 317.5 hours of service in April 2019

We couldn't do it without you

Danville Boots & Badges's Blood Drive

Arkansas Blood Institute

Leon Millsap Center

Wednesday, June 5, 2019

1:30 pm to 6:30pm

Thanks for your commitment
to saving lives of Arkansans

Bean Bag Baseball

6/4/2019 9:00 Bean Shooters @ Danv

6/11/2019 9:00 Violet Rage @ Danv

6/18/2019 9:00 Dardanelle @ Danv

6/19/2019 10:00 Danv @ Morrilton

6/26/2019 9:30 Danv @ Clarksville

6/28/2019 9:00 Danv @ Mt. Ida

Volleyball

Volleyball games will follow the Bean Bag Baseball game except for Morrilton. We also play volleyball in the center every time there is enough to play. There is no schedule on these games. It's good exercise & loads of laughs.

NEWSLETTER SPONSORSHIP

The printing of our newsletter cost \$50.00 each month. We have sponsorship through September 2019. We would love to add your name to the list of people to help get this newsletter printed.

PEPPI is each Monday and Thursday @ 9:00

BINGO is each Monday & Thursday @ 10:00



Leon Millsap Senior Activity Center
1301 E. 8th St.

Mailing: PO Box 1535
Danville, Ar. 72833
(479) 495-7371
Fax (479) 495-7009

Hours:

Monday thru Friday
8:00 a.m.—2 p.m.

Senior Programs Director:
Sherry Tidwell
tidwells@fccare.org

Site Coordinator:
Anna Via
viala@fccare.org

Lead Cook

Website:
www.rivervalleyseiors.com

Like us on Facebook
Leon Millsap Senior Activity Center

YOUR NEWSLETTER IS SPONSORED BY:

Memorial Gifts & Donations

Consider a fully tax deductible donation to the Leon Millsap Senior Activity Center in honor of a friend or relative. These gifts are used to support programs that enrich the lives of seniors. All contributions are gratefully accepted.

Carolyn Woodard
&
Glen Farrier



Father's Day Word Search

Father's Day is Sunday.

Can you find
these words that have
to do with dad?

- | | |
|----------|--------|
| ATHLETIC | FUNNY |
| BRAVE | GOLF |
| DAD | KIND |
| DADDY | SPORTS |
| ESPN | TENNIS |
| FATHER | TIE |
| FISHING | TOOLS |
| FOOTBALL | |

MARTY WESTMAN/MCT

X	R	D	F	U	I	E	L	C	F	C	R	E
W	B	L	A	S	T	R	O	P	S	N	D	K
E	O	D	S	A	Z	F	X	C	E	B	A	M
G	N	M	P	O	I	U	T	C	R	E	D	T
R	B	R	A	V	E	H	I	O	O	M	D	E
S	I	D	K	Y	J	T	B	S	S	H	Y	L
H	T	I	Q	N	E	F	A	P	L	L	Y	L
S	A	R	S	L	G	R	E	R	O	O	G	A
G	V	S	H	C	K	E	L	S	N	P	O	B
F	R	T	S	F	I	S	H	I	N	G	W	T
U	A	C	O	S	N	S	T	E	D	E	O	O
N	S	T	K	O	D	A	L	A	D	U	R	O
N	N	R	H	W	B	E	D	U	I	M	G	F
Y	O	T	I	E	T	I	N	C	T	W	N	U
A	F	U	S	R	R	H	W	E	S	P	N	W
O	T	E	N	N	I	S	T	I	U	S	E	R

Trip

We hope to resume our scheduling of trips in July. We hope to add trips in June. Check with Anna weekly in June to see what will be available. Thanks for your patience it has been a long 12 weeks.

Presentation

Nola Newton with Johnson County Regional Medical Center will speak on "Utilizing the Good RX program" @ 10:30 on June 12, 2019.

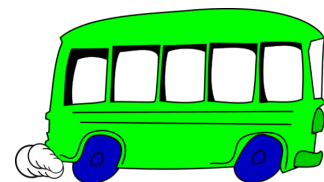
Karen Taylor with Area Agency will conduct the monthly in service training 6/20/2019 @ 11:00.

This center holds a center-wide meeting the 1st Wednesday of each month at 11 a.m. so that everyone has a chance to discuss meals served, financial report and any concerns that you might have. This center needs everyone's input. Thanks!!

About Our Center

Leon Millsap Senior Activity Center serves people who are 60 years of age or older, or are the spouse of someone who is 60 or older who participates in our program. Although we receive some federal and state funding, we must generate money locally to help meet operating expenses. We ask that each participant donate as much as he or she is able. We ask for a \$4.00 donation for lunch. For visitors under the age of 60 and all carry-outs, the cost of lunch is \$7.00. Donations are extremely important and very much appreciated. Your senior center depends on you.

The center offers trips each month. If you would like to go on a trip, please sign up in the office or contact the center at 479-495-7371



Blood Pressure Machine

Remember we have a blood pressure machine in the quilting room. Please feel free to use it.

Courtesy of
Area Agency on Aging.

