

The Silver Thread
Newsletter
AUGUST 2019



We hope you will join our tropical get-a-way without leaving the center. We want to thank T.A. McConnell for providing the perfect music for luaus, Don Ho.

Thanks Volunteers

There was 13 volunteers that provided 257.25 hours of service in May 2019

We couldn't do it without you



Come join us in Hulu Hooping, Limbo and Hawaiian trivia games on August 15th @ 11:00.

Bean Bag Baseball

8/6/2019 9:00 Bean Shooters @ Danv

8/13/2019 9:00 Violet Rage @ Danv

8/20/2019 9:00 Dardanelle @ Danv

8/21/2019 10:00 Danv @ Morrilton

8/23/2019 10:00 Danv @ Mt. Ida

8/28/2019 9:30 Danv @ Clarksville

Volleyball

Volleyball games will follow the Bean Bag Baseball game except for Morrilton & Mt. Ida. We also play volleyball in the center every time there is enough to play. There is no schedule on these games.

NEWSLETTER SPONSORSHIP

The printing of our newsletter cost \$50.00 each month. We have sponsorship through October 2019. We would love to add your name to the list of people who help get this newsletter printed.

PEPPI is each Monday and Thursday @ 9:00

BINGO is each Monday & Thursday @



You will have to come watch on Thursday, August 15th to see if any of our participants can limbo this low.

Memorial Gifts & Donations

Consider a fully tax deductible donation to the Leon Millsap Senior Activity Center in honor of a friend or relative. These gifts are used to support programs that enrich the lives of seniors. All contributions are gratefully accepted.

Leon Millsap Senior Activity Center
1301 E. 8th St.

Mailing: PO Box 1535
Danville, Ar. 72833
(479) 495-7371
Fax (479) 495-7009

Hours:

Monday thru Friday
8:00 a.m.—2 p.m.

Senior Programs Director:
Sherry Tidwell
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Site Coordinator:
Anna Via
viala@fccare.org

Lead Cook
Christy Noblett
Website:
www.rivervalleyseiors.com

Like us on Facebook
Leon Millsap Senior Activity Center

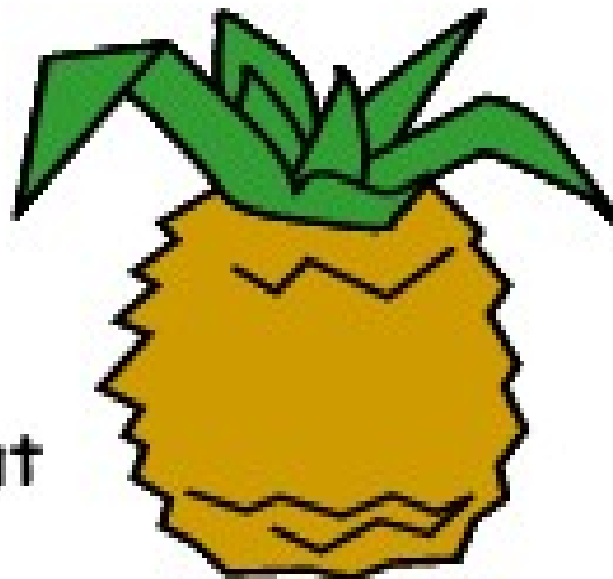
YOUR NEWSLETTER IS SPONSORED BY:

**Robert
Avery**

Hawaii Word Search

C O C O N U T O I C N B N H I
P M A C A D A M I A N U T O H
Q I U E X J O S H G V O S N A
I F N K N N K I U N V W H O M
E N I E A E B H U R A Q A L I
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coconut
hibiscus
Honolulu
lei
luau
macadamia nut
mahi mahi



nene
palm tree
pineapple
shark
sun
surfing
volcano
waves

Trips

Friday August 9th Conway Shopping trip. Leave @ 7:30am Donation \$7.00

Monday August 26th Oaklawn Park in Hot Springs. Leave @ 7:00 am Donation \$10.00

Presentation

Wednesday August 14th Nola Newton Presents "Good RX" @ 10:30

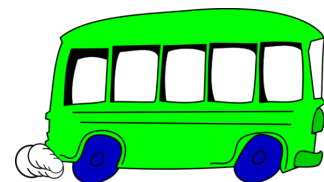
Thursday August 22nd AAA, Karen Taylor provides In Service Training @ 11:00

This center holds a center-wide meeting the 1st Wednesday of each month at 11 a.m. so that everyone has a chance to discuss meals served, financial report and any concerns that you might have. This center needs everyone's input. Thanks!!

About Our Center

Leon Millsap Senior Activity Center serves people who are 60 years of age or older, or are the spouse of someone who is 60 or older who participates in our program. Although we receive some federal and state funding, we must generate money locally to help meet operating expenses. We ask that each participant donate as much as he or she is able. We ask for a \$4.00 donation for lunch. For visitors under the age of 60 and all carry-outs, the cost of lunch is \$7.00. Donations are extremely important and very much appreciated. Your senior center depends on you.

The center offers trips each month. If you would like to go on a trip, please sign up in the office or contact the center at 479-495-7371



Blood Pressure Machine

Remember we have a blood pressure machine in the quilting room. Please feel free to use it.

Courtesy of
Area Agency on Aging.

