August 2019　　　Dardanelle Senior Center　　　Congregate Menu

Monday	Tuesday	Wednesday	Thursday	Friday
We serve Chef Salads daily with your choice of one meat ham, turkey or chicken. Call before 11.	AUGUST		**1** Breaded Pork Chops Pinto Beans Turnip Greens Buttery Cornbread Cherry Cobbler	**2** Bacon, Lettuce, Tomato and Cheese on Wheat Bread Ruffles Chips Pasta Salad Coke or Root Beer Float
5 Pulled Pork on a Bun Coleslaw Baked Beans Cookie and Pears	**6** Chicken Tetrazzini Broccoli Wheat Roll Fruited Jell-O	**7** Homemade Meatloaf Garlic Mashed Potatoes Mixed Vegetables Wheat Roll German Chocolate Cake	**8** Taco Salad Black Beans & Corn Cheese Dip Tortilla Chips Spiced Pineapples	**9** Frito Chili Pie Tossed Salad Cheese and Onions Mandarin Oranges
12 Hamburger Steak or Salmon Pattie Rice Pilaf Peas and Carrots Wheat Roll Fruit Cocktail	**13** Baked Ziti with Meat Sauce Side Salad Garlic Roll Peanut Butter Bars	**14** BBQ Chicken Street Corn on the Cob Overnight Slaw Buttery Cornbread Apple Pie	**15** Chicken Salad on Wheat Bread Lettuce and Tomato Pasta Salad Sherbet	**16** Homemade Pizza Side Salad Bread Sticks Chocolate Pudding
19 Oven Fried Chicken Scalloped Potatoes Antigua Blend Vegetable Wheat Roll Peaches and Cream	**20** Steak Fingers Mashed Potatoes with Country Gravy Green Peas Wheat Roll Tinted Pears	**21** Onion Crusted Chicken Loaded Sweet Potato Green Beans w/Onion Wheat Roll Banana Pudding	**22** 2 Hard or 2 Soft Tacos Refried Beans Lettuce and Tomato Tortilla Chips Caramel Cheesecake	**23** Chicken Parmesan over Linguine Noodles Italian Green Beans Wheat Roll Butterscotch Tarts
26 Chicken Tenders or Fish Patty Baby Bakers Roasted Carrots Wheat Roll Assorted Fresh Fruit	**27** Open Faced Roast Beef on Texas Toast Mashed Potatoes with Beef Gravy Fresh Vegetable Salad Ambrosia	**28** Chef Salad with Chicken or Turkey ½ Baked Potato Sour Cream and Cheese Crackers Apple Crisp	**29** Cheeseburgers Lettuce, Tomato, Pickle, Onion Baked Beans Potato Salad Peaches and Cream Pie	**30** <u>Breakfast at 8:30</u> Scrambled Eggs Bacon or Sausage Hash Brown Pattie Biscuit and Gravy Donuts Assorted Juice