Yell-A-Little Louder

Newsletter

August 2019





We are going to try something new this month. It takes many dollars to keep this center going. So we are making August "Dollar Difference Month". I would like to encourage each of you to donate an EXTRA dollar in the Dollar Difference Box (located up front by the desk). Each day you are at the center enjoying any activity, donate your dollar and it will add up. If you attend the center every day this will add up to \$22.00. We will unwrap the box on August 29th. This will certainly help us meet our monthly budget requirements.. Your support is important to the growth of our center.



Thank You!

August Trip

We are going to take a Trip to Little Rock to the MacArthur Museum of Arkansas Military History. Located in the historic Tower Building of the Little Rock Arsenal, the birthplace of General Douglas MacArthur. The museum preserves the contributions of Arkansas men and women who served in the armed forces. Exhibits feature artifacts, photographs, weapons, documents, uniforms and other military items. The exhibit for August is "Territorial Arkansas: The Wild Western Frontier" Museum is admission is free. Suggested Donation for trip is \$10. We will leave at 9:00 Tuesday August 13.

August Newsletter Trivia Winner gets a prize

- 1. What animal is associated with summer?
- 2. What country singer was born on the 21st of August 1938?
- 3. What or who was the month of August named after?
 - 4. What is the birth flower for August?
 - 5. What is the gemstone for August?
- 6. What famous rock concert opened on August 15th, 1969?
- 7. Which Alamo hero was born on the 17th of Auqust, 1786?
 - 8. When is Elvis Memorial Day celebrated?
- 9. What food are you supposed to eat on the 30th of August?
 - 10. Which sport celebrates its national day in August?
 - 11. If you were born in August what Zodiac sign would you be?
- 12. Champagne Day occurs on which day in August?
- 13. Which star of The West Wing was born on August 3rd, 1940?

Memorial Gifts & Donations

Consider a fully tax deductible donation to the Dardanelle Senior Activity Center in honor of a friend or relative. These gifts are used to support programs that enrich the lives of seniors. All contributions are gratefully accepted.

Dardanelle Senior Activity Center 701 N. 5th St. Dardanelle, Ar. 72834 (479) 229-4129 Fax (479) 229-1000 Hours:

Monday thru Friday 8:00 a.m.—3 p.m.

Monday 5:00 p.m.—8 p.m.

Senior Programs Director: Sherry Tidwell tidwells@fccare.org

> Site Coordinator: Allison Wiley wileya@fccare.org

Lead Cook
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Website:

www.rivervalleyseniors.com

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Dardanelle Senior Activity Center

YOUR NEWSLETTER IS SPONSORED BY:



Trivia Days in August

Friday 2nd-Georgia Trivia

Friday 9th-Connecticut Trivia

Friday 16th-Massachusetts Trivia

Thursday 22nd—Tooth Fairy Day Trivia

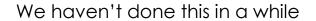
Friday 23rd—Maryland Trivia

Friday 30th-South Carolina Trivia





It's National Kool-Aid Week 5th-9th. Come and get a glass and guess what flavor it is.





Let's have a cake walk. Bring your homemade goodies to the center. It is \$1.00 to walk all proceeds goes to the Meals on Wheels Program. Wednesday 14th at 10:00 we will walk to all goodies are gone.



Cake

Things to know:

1st is Mahjong Day—let's play at 9:00

9th is Book Lovers Day—be sure to open a book up and read

15th is Relaxation Day—be sure to take it easy and let us cook you lunch

27th is Just Because Day—be sure to brighten someone's day just because

2nd week in August is National Bargain Hunting Week—let the shopping begin



Birthday Table Sponsored By: Rhonda Horton with Arkansas Hospice



UAMS will be here Tuesday
August 6th to speak on
Immunizations
Get the shot don't get
caught

Area Agency will be here Friday August 9th to speak. Come out and see what the topic is this month.

Backpack program is coming to a close. Bring what goodies you have for the box.

We will deliver it to the school



This center holds a center-wide meeting each month so that everyone has a chance to discuss meals served, financial report and any concerns that you might have. This center needs everyone's input. The center meeting will be Monday August 5th at 10:00.

Thanks!!

About Our Center

Dardanelle Senior Activity Center serves people who are 60 years of age or older, or are the spouse of someone who is 60 or older who participates in our program. Our services are low cost, not free. Although we receive some federal and state funding, we must generate money locally to help meet operating expenses. We ask that each participant donate as much as he or she is able. We ask for a \$4.00 donation for lunch. For visitors under the age of 60 and all carry-outs, the cost of lunch is \$7.00. Donations are extremely important and very much appreciated. Your senior center depends on you.

The center offers trips each month. If you would like to go on a trip, please sign up in the office or contact the center at 479-229-4129



Blood Pressure Machine

Remember we have a blood pressure machine in the exercise room. Please feel free to

use it.



Courtesy of Area Agency on Aging.