


<b>Congregate Menu Johnson County Senior Activity Center August 2019</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>Chef salad is available daily with your choice of turkey, ham, or chicken. Sign up before 11 a.m. to receive one. 754-6148.</b></p>			<p><b>1</b> Hawaiian Chicken Skewer Over White Rice Sautéed Squash &amp; Zucchini Wheat Roll Pineapple Upside Down Cake</p>	<p><b>2</b> Beef, Bean, &amp; Cheese Burrito Spanish Rice Chip and Dip Dump Cake</p>
<p><b>5</b> Bacon Cheeseburgers Grilled Onions Curly Fries Baked Beans Mini Fruit Pizzas</p>	<p><b>6</b> Spaghetti with Meat Balls Italian Blend Vegetables Garlic Toast Spiced Apples</p>	<p><b>7</b> Sugar Glazed Ham Fried Cabbage Black Eyed Peas Fried Potatoes Cornbread Pears</p>	<p><b>8</b> Loaded Taco Salad Spanish Rice Chips &amp; Salsa Soapapilla Bowls</p>	<p><b>9</b> Grilled Chicken over Rice Red Pepper Sauce Caribbean Blend Vegetables Wheat Roll Pear and Cranberry Cobbler</p>
<p><b>12</b> Hamburger Steak Mashed Potatoes/Gravy Roasted Vegetables Wheat Roll Apple Crisp</p>	<p><b>13</b> Crab Cakes OR Grilled Chicken Roasted Potatoes Mixed Vegetables Wheat Roll Tropical Fruit</p>	<p><b>14</b> Orange Chicken Fried Rice Egg Roll Oriental Stir Fry Mandarin Orange Cake</p>	<p><b>15</b> Loaded Pork Baked Potato Broccoli &amp; Cheese Soup Crackers No Bake Banana Split</p>	<p><b>16</b> Bacon Lettuce Tomato on Wheat Bread Chips Macaroni Salad Preachers Cake</p>
<p><b>19</b> Lemon Pepper Chicken over Egg Noodles Peas &amp; Carrots Garlic Toast Peach Cobbler</p>	<p><b>20</b> Liver &amp; Onions OR Salisbury Steak Mashed Potatoes/ Gravy 4 Way Vegetables Wheat Roll Fruit Cocktail</p>	<p><b>21</b> Grilled Pork Chops Roasted Potatoes Greens Wheat Roll Chocolate Cake</p>	<p><b>22</b> Loaded Grilled Chicken Salad Bread Stick Pear Crisp</p>	<p><b>23</b> Chili Dogs OR Frito Chili Pie Chuck Wagon Corn Cole Slaw Ice Cream Sandwiches</p>
<p><b>26</b> Texas Toaster Burger Onion Rings Fried Green Beans Indoor S'mores</p>	<p><b>27</b> Chicken Philly Steak Fries Steamed Broccoli Apple Turnovers</p>	<p><b>28</b> Tilapia over Rice Carrots Wheat Roll Chocolate Lasagna</p>	<p><b>29</b> Lasagna Side Salad OR Green Beans White Roll Cannoli Dip</p>	<p><b>30</b> Bacon Or Sausage Scrambled Eggs Biscuit and Gravy Hash brown Juice Fresh Fruit</p>