

The Silver Thread
Newsletter

October 2019



2019 Danville Senior Health Expo

Our annual Health Expo will be Friday Oct.11th 9am to Noon @ 1301 E 8th Street. 14 health vendors will have booths and it is free to the public. Free Hearing screenings and the Yell Co. Health unit will provide flu shots 10:00am to Noon.

The Leon Millsap Senior Center's Yard Sale Fundraiser for Meals for Seniors will be on October 9th from 7:00am to Noon. We ask you start looking for your donations of treasures for our fall sale. We ask you bring your donations on the morning of the sale.

Thanks Volunteers

There was 15 volunteers that provided 327.50 hours of service in August 2019
We couldn't do it without you

Bean Bag Baseball

10/1/2019 9:00 Bean Shooters @ Danv
10/8/2019 9:00 Violet Rage @ Danv
10/15/2019 9:00 Dardanelle @ Danv
10/16/2019 10:00 Danv @Morrilton
10/23/2019 8:30 4 Center Tournament @ Danville
10/25/2019 10:00 Danv @ Mt. Ida

Volleyball

The 4 Center Chair Volleyball Tournament will be held @ the Russellville Center on October 4, 2019 beginning @ 8:30.

NEWSLETTER SPONSORSHIP

The printing of our newsletter cost \$50.00 each month. We have sponsorship through November 2019. We would love to add your name to the list of people who help get this newsletter printed.

PEPPI is each Monday and Thursday
@ 9:00

BINGO is each Monday & Thursday
@ 10:00



Memorial Gifts &

Donations

Consider a fully tax deductible donation to the Leon Millsap Senior Activity Center in honor of a friend or relative. These gifts are used to support programs that enrich the lives of seniors. All contributions are gratefully accepted.

Leon Millsap Senior Activity Center
1301 E. 8th St.

Mailing: PO Box 1535
Danville, Ar. 72833
(479) 495-7371
Fax (479) 495-7009

Hours:

Monday thru Friday
8:00 a.m.—2 p.m.

Senior Programs Director:
Sherry Tidwell
tidwells@fccare.org

Site Coordinator:
Anna Via
vial@fccare.org

Lead Cook

Website:
www.rivervalleyseiors.com

Like us on Facebook
Leon Millsap Senior Activity Center

YOUR NEWSLETTER IS SPONSORED BY:

ANONYMOUS

HALLOWEEN

WORDSEARCH

Find the 12 words below. You can go up, down or diagonally to find them.
GOOD LUCK!

f	d	r	a	z	i	w	f	r	m	u	h
i	r	t	l	o	o	j	p	s	u	k	a
m	a	a	e	c	w	m	o	r	m	n	u
o	c	f	n	l	e	a	b	w	m	k	n
n	u	e	s	k	r	f	r	i	y	o	t
s	l	s	w	a	e	g	i	t	e	p	e
t	a	k	y	b	w	n	u	c	t	u	d
e	p	u	p	w	o	f	s	h	r	m	t
r	h	n	r	i	l	o	a	t	d	p	e
s	e	u	i	l	f	w	e	f	e	k	a
v	a	m	p	i	r	e	a	g	w	i	o
h	a	l	l	o	w	e	e	n	o	n	n

Frankenstein

Mummy

Dracula

Pumpkin

Haunted

Vampire

Wizard

Zombie

Witch

Monsters

Halloween

Werewolf

Trips

Thursday October 17th Shopping trip to Russellville leave @ 8:00

Donation \$3.00

Wednesday October 30th Trip to Roland. Leave @ 7:30 Donation \$10:00

If you would like to receive our Silver Thread Newsletter early, email me a request and I will be happy to add you to our Leon Millsap Center list.

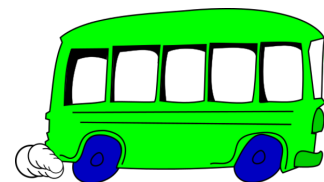
This center holds a center-wide meeting the 1st Wednesday of each month at 11 a.m. so that everyone has a chance to discuss meals served, financial report and any concerns that you might have. This center needs everyone's input.

Thanks!!

About Our Center

Leon Millsap Senior Activity Center serves people who are 60 years of age or older, or are the spouse of someone who is 60 or older who participates in our program. Although we receive some federal and state funding, we must generate money locally to help meet operating expenses. We ask that each participant donate as much as he or she is able. We ask for a \$4.00 donation for lunch. For visitors under the age of 60 and all carry-outs, the cost of lunch is \$7.00. Donations are extremely important and very much appreciated. Your senior center depends on you.

The center offers trips each month. If you would like to go on a trip, please sign up in the office or contact the center at 479-495-7371



Blood Pressure Machine

Remember we have a blood pressure machine in the quilting room. Please feel free to use it.

Courtesy of
Area Agency on Aging.

