

The Silver Thread
Newsletter

November 2019



The Russellville Lions Club will be @ the Leon Millsap Center on Wednesday November 13, 2019 beginning at 9:30 to 11:30 to do Vision Screening. We encourage all the community to spread the word about this event. All ages welcome.

Our Thanksgiving Dinner will be Thursday November 21st from 11:00 to 1:00. Suggested donation for this meal will be \$10.00. The menu will be: Oven Roasted Turkey, Homemade Dressing, Turkey Gravy, Cranberry Sauce, Green Beans w/ Onion & Bacon, White Roll, Sugar Free Cherry Pie or Ambrosia, Tea, Lemonade or Coffee.

All ages welcome.

Thanks Volunteers

There was 19 volunteers that provided 295 hours of service in September 2019. We couldn't do it without you

Bean Bag Baseball

11/5/2019 9:00 Danv @Bean Shooters
11/12/2019 9:00 Danv @Violet Rage
11/19/2019 9:00 Danv @Dardanelle
11/20/2019 10:00 Morrilton @ Danv
11/22/2019 10:00 Mt Ida @ Danville
11/27/2019 10:00 Danv @ Clarksville

Volleyball

Volleyball games will follow the Bean Bag baseball game except for Mt Ida and Morrilton. Other than practice volleyball is also played after bingo and other days when interest is shown.

NEWSLETTER SPONSORSHIP

The printing of our newsletter cost \$50.00 each month. We have sponsorship through January 2020. We would love to add your name to the list of people who help get this newsletter printed.

PEPPI is each Monday and Thursday @ 9:00

BINGO is each Monday & Thursday @ 10:00



November 11, 2019

Memorial Gifts & Donations

Consider a fully tax deductible donation to the Leon Millsap Senior Activity Center in honor of a friend or relative. These gifts are used to support programs that enrich the lives of seniors. All contributions are gratefully accepted.

Leon Millsap Senior Activity Center
1301 E. 8th St.

Mailing: PO Box 1535
Danville, Ar. 72833
(479) 495-7371
Fax (479) 495-7009

Hours:

Monday thru Friday
8:00 a.m.—2 p.m.

Senior Programs Director:
Sherry Tidwell
tidwells@fccare.org

Site Coordinator:
Anna Via
viala@fccare.org

Lead Cook
Jill Tippy

Website:
www.rivervalleyseiors.com

Like us on Facebook
Leon Millsap Senior Activity Center

YOUR NEWSLETTER IS SPONSORED BY:

Glen Farrier
&
Carolyn Woodard



Thanksgiving

F L F P E I P N I K P M U P L H J I O Q
 A G D C Z S L S J N H Q V I H O N X M H
 P O N Z Z B U L E I P N A C E P H O C N
 S B B I K J V E A A R Z K D M P H A W E
 C U S I F A G V Z B R R E N N I D I K U
 E G E Z I F B J R A T Z F K P L N Q S B
 L I O D C B U L I A Q O W A K G I R L Z
 Z B T C N H R T Y U Y S O C J R N M C Y
 H H A C R F P B S V U W C F Q I A E R G
 C L T D O M Y E K R U T M O S M K Z N I
 E F O N C I H B R Z Y W M K E S K W G X
 Z U P B D R G E X F T I A Z I H J S B Z
 K R W L L W B T S L S S Y C R P I F X O
 I C O B X M Y L I M A F F Q R A L J K N
 D Z Y T E G U K R Z E Y L U E R A S O C
 A U T V D P C N J M F J O A B A A G I Q
 E B O U L U F K N A H T W N N D I X M P
 W N E J K P D U G H L S E E A E J H I X
 A Q S X K U O Z W A P A R W R K Z G J L
 A P Y O F L T F R Q M S U U C M Z P S K

NOVEMBER
 HAM
 POTATOES
 THANKFUL
 DINNER
 FEAST

TURKEY
 PUMPKINPIE
 PECANPIE
 MAYFLOWER
 FAMILY
 PARADE

STUFFING
 CRANBERRIES
 PILGRIMS
 CORN
 FOOTBALL



Trips

November 14, 2019 Shopping Trip to Booneville leave @ 8:00.

Donation \$3.00

November 25, 2019 Trip to Oaklawn in Hot Springs . Leave @ 7:30. Donation \$10.00.

If you would like to receive our Silver Thread Newsletter early, email me a request and I will be happy to add you to our Leon Millsap Center list.

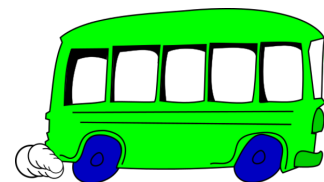
This center holds a center-wide meeting the 1st Wednesday of each month at 11 a.m. so that everyone has a chance to discuss meals served, financial report and any concerns that you might have. This center needs everyone's input.

Thanks!!

About Our Center

Leon Millsap Senior Activity Center serves people who are 60 years of age or older, or are the spouse of someone who is 60 or older who participates in our program. Although we receive some federal and state funding, we must generate money locally to help meet operating expenses. We ask that each participant donate as much as he or she is able. We ask for a \$4.00 donation for lunch. For visitors under the age of 60 and all carry-outs, the cost of lunch is \$7.00. Donations are extremely important and very much appreciated. Your senior center depends on you.

The center offers trips each month. If you would like to go on a trip, please sign up in the office or contact the center at 479-495-7371



Blood Pressure Machine

Remember we have a blood pressure machine in the quilting room. Please feel free to use it.

Courtesy of

Area Agency on Aging.

