

*Yell-A-Little Louder*

*Newsletter*

**November 2019**



Thanksgiving Dinner  
Friday November 15th  
11:30-1:00



Suggested Donation is \$10.00

**On the menu is:** Roasted Turkey, Homemade Dressing  
Creamy Mashed Potatoes or Sweet Potato Casserole  
Crack Green Beans or Sweet Corn  
Turkey Gravy  
White Roll  
Cranberry Fluff Salad

**Desserts:** Pumpkin Pie, Apple Pie, SF Apple Pie

### **November Trip**

First time ever , let's take a fall foliage trip to see the trees at the Maplewood Cemetery in Harrison. This gorgeous cemetery is planted with over 733 sugar maple trees. It really is a gorgeous sight. Afterwards, we will go eat lunch at the Neighbor's Mill Bakery and Café. Van will leave the center at 8:00 on Monday November 4th. Suggested donation is \$10.00 with lunch on your own. Come sign up in the office for this neat trip.



## November Trivia

Bring answers to the office for a prize.

1. What is it that you are supposed to grow in November?
2. Which famous criminal was born on the 12th of November, 1934?
3. Which famous British children's author was born in November?
4. If you were born on the 26th of November, what would your Zodiac sign be?
5. What is the birthstone for November?
6. What is the flower for November?
7. On which day is Veteran's Day celebrated?
8. What holiday do Americans celebrate in the month of November?
9. "Dull November brings the blast, then the leaves are whirling fast." Who made this statement?
10. Which US President was born in November?
11. Which country was hit by a cyclone on the 25th of November, 1839?
12. Which disease is recognized in November?
13. November is recognized as being a tribute to which musical instrument?
14. What should you eat on the 3rd of November?

## Dardanelle Senior Activity Center

701 N. 5th St.  
Dardanelle, Ar. 72834  
(479) 229-4129  
Fax (479) 229-1000

### Hours:

Monday thru Friday  
8:00 a.m.—3 p.m.

### Monday

5:00 p.m.—8 p.m.

### Senior Programs Director:

Sherry Tidwell

[tidwells@fccare.org](mailto:tidwells@fccare.org)

### Site Coordinator:

Allison Wiley

[wileya@fccare.org](mailto:wileya@fccare.org)

### Lead Cook

Lena McConnell

[mcconnelll@fccare.org](mailto:mcconnelll@fccare.org)

### Website:

[www.rivervalley seniors.com](http://www.rivervalley seniors.com)

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Dardanelle Senior Activity Center

YOUR NEWSLETTER IS SPONSORED BY:

## Memorial Gifts & Donations

Consider a fully tax deductible donation to the Dardanelle Senior Activity Center in honor of a friend or relative. These gifts are used to support programs that enrich the lives of seniors. All contributions are gratefully accepted.

November  
Newsletter Sponsor  
Is:  
Anonymous

November Trivia Days:

Friday November 1 is Ohio Trivia  
Monday November 4 is Candy Trivia  
Friday November 8 is Louisiana Trivia  
Monday November 11 is Veterans Trivia  
Friday November 15 is Indiana Trivia  
Monday November 25 Thanksgiving Trivia  
Wednesday November 27 Mississippi Trivia

**TRIVIA**



Monday the 18th is National Monopoly Day  
Let's play this board game and see who can win!!  
Game playing starts at 10:00



We will be selling homemade goodies for the holidays thru to Christmas  
If you would like something please give us a week notice.

See Lena or Allison to sign up.

Pumpkin Rolls \$8.00

Dressing 9x9 \$8.00, 9x13 \$15.00

White Rolls for 35 \$15.00

Cakes 8x13 \$10.00

Pumpkin Pie \$8.00

Apple Pie \$10.00

Everything is homemade with love

Christmas we will be adding more sweet goodies so watch December  
newsletter

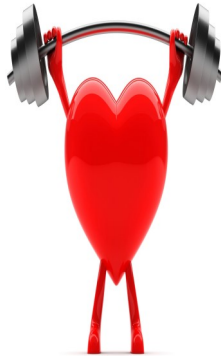
Birthdays Table Sponsored By:  
Rhonda Horton with Arkansas Hospice



We will have a box for Caring and Sharing up til Christmas. Bring non perishable items.

Area Agency will be here on Friday November 8th at 11:00 to speak about Medicare Part B

Arkansas Heart Hospital will be here on Thursday November 14th at 11:00 for a presentation on the program that they have, called Strong Hearts. If you would like to tour the facility let me know and we will get a bus together.



Daylight Savings Time Sunday November 3rd set you clocks back.

The center will be closed November 28th & 29th for the Thanksgiving Holiday.

*This center holds a center-wide meeting each month so that everyone has a chance to discuss meals served, financial report and any concerns that you might have. This center needs everyone's input. November center meeting will be Tuesday 5th at 10:30.  
Thanks!!*

### About Our Center

Dardanelle Senior Activity Center serves people who are 60 years of age or older, or are the spouse of someone who is 60 or older who participates in our program. Although we receive some federal and state funding, we must generate money locally to help meet operating expenses. We ask that each participant donate as much as he or she is able. We ask for a \$4.00 donation for lunch. For visitors under the age of 60 and all carry-outs, the cost of lunch is \$7.00. Donations are extremely important and very much appreciated. Your senior center depends on you.

The center offers trips each month. If you would like to go on a trip, please sign up in the office or contact the center at 479-229-4129



### Blood Pressure Machine

Remember we have a blood pressure machine in the Exercise room. Please feel free to use it.



Courtesy of Area Agency on Aging.