




Congregate Menu		Johnson County Senior Activity Center			November 2019
Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Chef Salads are available daily with a choice of chicken, ham, or turkey. Please sign up by 11 AM. 479-754-6148</p>				<p>1 Grilled Cheese Sandwich on White Bread Creamy Tomato Soup Crackers Cherry Cobbler</p>	
<p>4 Chicken Tenders Mashed Potatoes Country Gravy Fried Corn Buttery Biscuit Pineapples</p>	<p>5 Pinto Beans w/ Ham Fried Cabbage Country Potatoes Regular OR Mexican Cornbread Apple Turnovers</p>	<p>6 Breaded Chicken on a Bun Lettuce, Tomato & Pickle Macaroni Salad Potato Chips Chocolate Cake</p>	<p>7 Homemade Lasagna Side Salad Garlic Toast Apple Cobbler</p>	<p>8 All Beef Chili Cheese Dog Diced Onions French Fries Coleslaw Ice Cream Bar</p>	
<p>11 Loaded Taco Salad Sour Cream Salsa Black Bean & Corn Salad Angel Food Cake & Strawberries & Whipped Topping</p>	<p>12 BBQ Pork on a Bun Sweet Potato Tots Macaroni & Cheese Applesauce Cooks Choice Cookie</p>	<p>13 Cheesy Chicken Broccoli Soup Crackers Loaded Salad Glazed Pumpkin Bread</p>	<p>14 Shepard's Pie Calico Coleslaw Fluffy Biscuit Peach Crisp</p>	<p>15 Holiday Dinner Turkey, Dressing, Mashed Potatoes/ Gravy Green Bean Casserole, Buttery Corn, Cranberry Sauce, White Roll Apple, Pumpkin, or Pecan Pie</p>	
<p>18 Cheeseburger Lettuce, Tomato, Pickle Potato Wedges Baked Beans Sherbet</p>	<p>19 Country Ham Scrambled Eggs Shredded Hash Browns Biscuit & Gravy Cinnamon Roll Juice</p>	<p>20 Beer Battered Fish Seasoned Fries Broccoli Crunch Salad Hush Puppies Peach Cobbler</p>	<p>21 Liver & Onions or Beef Steak Fingers Mashed Potatoes/ Gravy Mixed Vegetables Wheat Roll Fruit Cup</p>	<p>22 Homemade Chili w/Beans, Cheese & Onions Roasted Broccoli Crackers Fruited Jell-O</p>	
<p>25 Chicken Fried Steak Mashed Potatoes Gravy Seasoned Green Beans Wheat Roll Apple Crisp</p>	<p>26 Crab Cakes or Oven Fried Chicken Roasted Potatoes Sweet Corn Cornbread Mandarin Oranges</p>	<p>27 Smoked Sausage w/Sauerkraut Black-Eyed Peas Cornbread Brownie</p>	<p>28 & 29</p> 