

# Yell-A-Little Louder

## Newsletter

December 2019



### Christmas Dinner

Friday December 13th from 11:30-1:00

Suggested Donation is \$10.00

We will be serving

Savory Roast Beef or 1/2 Cornish Game Hen

Creamy Mashed Potato or Homemade Dressing

Green Beans w/Onions or Sweet Corn

Ambrosia

White Roll

Pecan, Coconut Cream or SF Chocolate Pie



### December Trip

Let's go shopping.

On Monday December 9th the van will leave at 9:00 to go on our shopping adventure. We will go to A to Z shopping. Lunch on your own and it will be a surprise. Suggested Donation for this trip will be \$8.00.



### Upcoming in January

Suggested Donation for a meal will be \$5.00

Exercise Class- Chair Zumba

Closed Wednesday Jan 1



It's ugly sweater time!!

Dig those ugly sweaters out and wear to the center on Friday the 20th at 11:00. Winner gets a prize.

We are going to decorate cookies

Tuesday December 10th at 9:00

Come and join us for some festive fun

## December Trivia

1. What awards are normally handed out in December?
2. What is the birthstone for December?
3. What is the flower for December?
4. What infamous event occurred on the 7th of December?
5. What piece of land did the United States acquire on the 20th of December in 1803?
6. What day in December is national chocolate day?
7. What famous modern piece of sports equipment was invented on the 29th of December?
8. What day in December is considered by some to be the unluckiest day of the year?
9. What event took place in the United States on the 16th of December?
10. What medical procedure was completed on the 3rd of December 1967?
11. What famous music icon was murdered on the 8th of December?

**Dardanelle Senior Activity Center**  
701 N. 5th St.  
Dardanelle, Ar. 72834  
(479) 229-4129  
Fax (479) 229-1000  
Hours:  
Monday thru Friday  
8:00 a.m.—3 p.m.

Monday  
5:00 p.m.—8 p.m.

Senior Programs Director:  
Sherry Tidwell  
[tidwells@fccare.org](mailto:tidwells@fccare.org)

Site Coordinator:  
Allison Wiley  
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Lead Cook  
Lena McConnell  
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Website:  
[www.rivervalleyseiors.com](http://www.rivervalleyseiors.com)

Like us on Facebook  
Dardanelle Senior Activity Center

**YOUR NEWSLETTER IS SPONSORED BY:**

## Memorial Gifts & Donations

Consider a fully tax deductible donation to the Dardanelle Senior Activity Center in honor of a friend or relative. These gifts are used to support programs that enrich the lives of seniors. All contributions are gratefully accepted.

**Newsletter  
Sponsor:  
  
Anonymous**

## Trivia Days in December

Monday 2nd: Pie Day Trivia

Wednesday 4th: Cookie Day Trivia

Friday 6th: Pearl Harbor and Miners Trivia

Monday 9th: Illinois Day Trivia

Friday 13th: Alabama Day Trivia

Tuesday 17th: Wright Brothers Day Trivia

Friday 20th: Maine Day Trivia

Monday 23rd: Christmas Trivia



## Christmas Games

Let's have some fun!!

Wednesday 4th: Hide the Pickle Game

Wednesday 11th: Wrap A Present Game

Wednesday 18th: Make Candy Sleds

Monday 23rd: Righty/Lefty Elf and Build A Tree



**Monday 30th**  
**Is National**  
**Fruit Cake Toss**  
**Day**  
Let's see who  
can toss the  
fruit cake the  
farthest  
winner gets  
bragging  
rights for a  
year!! Cake  
launch will be at  
10:00.



**Hot Cocoa and Cookies**  
**Every Wednesday.**  
Come and join us for some  
homemade hot cocoa and  
cookies. We will have  
something different every  
Wednesday.





Birthday Table  
Sponsored By:  
Rhonda Horton with  
Arkansas Hospice

Area Agency will be here Friday December 6th to

ARVAC will be here Thursday December 5th at 11:00 to talk about Commodities and Emergency Food Assistance Program.

United Healthcare will be bringing cookies to go with our hot chocolate on Wednesday December 11 and they will come and play Bingo on Monday December 16th at 10:00

UAMS will be here Friday the 27th at 11:00 to talk about Fall Prevention

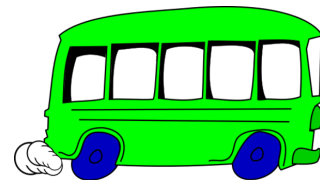
Inclement Weather Policy if local schools are closed the center will be also. We will be closed the 24th & 25th

*This center holds a center-wide meeting each month so that everyone has a chance to discuss meals served, financial report and any concerns that you might have. This center needs everyone's input. Please check the activity calendar for the date and time of each meeting. December meeting is Tuesday the 3rd at 10:30 Thanks!!*

### About Our Center

Dardanelle Senior Activity Center serves people who are 60 years of age or older, or are the spouse of someone who is 60 or older who participates in our program. Although we receive some federal and state funding, we must generate money locally to help meet operating expenses. We ask that each participant donate as much as he or she is able. We ask for a \$4.00 donation for lunch. For visitors under the age of 60 and all carry-outs, the cost of lunch is \$7.00. Donations are extremely important and very much appreciated. Your senior center depends on you.

**The center offers trips each month. If you would like to go on a trip, please sign up in the office or contact the center at 479-229-4129**



**Blood Pressure Machine**  
Remember we have a blood pressure machine in the exercise room. Please feel free to use it. Courtesy of Area Agency on Aging.

