

March 2020		LEON MILLSAP SENIOR ACTIVITY CENTER			CONGREGATE MENU
Monday	Tuesday	Wednesday	Thursday	Friday	
2 Baked Chicken Sweet Potato Fries Green Beans w/Onion Wheat Roll Chilled Peaches	3 Spaghetti w/Meat Sauce Italian Green Beans Garlic Roll Coca Cola Cake	4 Roast Beef Mixed Vegetables Scalloped Potatoes Cornbread Banana Pudding	5 Pork Chops w/ Mushroom Gravy Mashed Potatoes Sweet Corn White Roll Pineapples	6 Bacon Cheeseburger Lettuce, Tomato, Pickle Spicy Fries Coleslaw Coconut Cream Pie	
9 Soft Beef Taco Refried Beans Side Salad Chips/Salsa Cheesecake	10 BBQ Chicken Coleslaw Baked Beans Wheat Roll Banana Pudding	11 Pinto Beans w/Smoked Sausage Oven Roasted Potatoes Brussel Sprouts Cornbread Tropical Fruit	12 Broccoli & Cheese Soup Grilled Ham & Cheese on Wheat Side Salad Saltine Crackers Cookie & Fruit	13 Bone-in-Chicken Mashed Potatoes Country Gravy Steamed Broccoli White Roll Mandarin Oranges	
16 Hamburger Steak Mashed Potatoes Brown Gravy Green Peas Wheat Roll Fruit Compote	17 Pork Roast Mashed Potatoes Pork Gravy Peas & Carrots White Roll Chocolate Cake	18 Beef & Broccoli Stir Fry over Rice Oriental Vegetables Egg Rolls Mandarin Oranges	19 Turkey & Cheese Sandwich Lettuce & Tomato Vegetable Beef Soup Coleslaw Pineapple Rings	20 Western Omelet Bacon Biscuits & Gravy Assorted Juice Cinnamon Rolls	
23 Sauerkraut w/Polish Sausage Buttery Hominy Purple Hull Peas Cornbread Butterscotch Parfait	24 Homemade Supreme Pizza Side Salad Garlic Bread Sticks Marinara Sauce Mini Cinnamon Sticks	25 Chicken Enchilada Casserole Spanish Rice Refried Beans Chips & Salsa Chocolate Pie	26 Grilled Chicken Salad ½ Baked Potato Sour Cream & Butter Crackers Peaches	27 Homemade Meatloaf Au Gratin Potatoes Lima Beans Cornbread Orange Sherbet	
30 Chicken Spaghetti Side Salad Garlic Bread Lemon Parfait	31 Scrambled Eggs Sausage Patty Hash Browns Biscuits & Country Gravy Danish Assorted Juice			Your choice of turkey, ham or grilled chicken chef salad available daily. Sign up or call 495-7371 before 11 to order yours	