

<b>Congregate Menu</b>		<b>Johnson County Senior Activity Center</b>			<b>March 2020</b>
<b>2</b> Shepard's Pie Side Salad Biscuit Zinger Cake	<b>3</b> Popcorn Chicken Side Winder Fries Baked Beans Wheat Roll Pear & Cranberry Crisp	<b>4</b> Spaghetti with Meat Balls Buttery Green Peas Garlic Toast Apple Cinnamon Cake	<b>5</b> Scrambled Eggs Gravy Hash brown Casserole Buttery Biscuit Muffin Juice	<b>6</b> Great Northern Beans Baby Bakers Fried Cabbage Regular OR Mexican Cornbread Peanut Butter Bar	
<b>9</b> Country Fried Steak Mashed Potatoes/Gravy Mixed Vegetables Wheat Rolls Tinted Pears	<b>10</b> Chicken Parmesan over Linguine Noodles Broccoli and Cauliflower Garlic Toast Peaches	<b>11</b> Homemade Pizza Italian Green Beans Side Salad Cinnamon Sticks	<b>12</b> BBQ Pork on Bun Mac N Cheese Coleslaw Banana Pudding	<b>13</b> Pecan Crusted Chicken Garlic and Herb Potatoes Caribbean Vegetables Biscuits Apricots	
<b>16</b> Chicken Salad on Bun Lettuce and Tomato Pickle Spear/Chips Macaroni Salad Brownie with Ice Cream	<b>17</b> Hamburger Steak Onions & Mushrooms Over Brown Rice Brown Sugar Carrots Wheat Roll Fruit Cocktail	<b>18</b> Chicken & Dumplings Green Peas Buttery Carrots Buttery Biscuit	<b>19</b> Liver & Onions OR Salisbury Steak Mashed Potatoes Gravy Mixed Vegetables Wheat Roll Apple Crisp	<b>20</b> Breakfast @ 9:00 Western Omelet Gravy Buttery Biscuit Choice of Juice	
<b>23</b> Grilled Chicken on Wheat Bread Cheese & Lettuce Cole Slaw Sweet Potato Fries Mandarin Oranges	<b>24</b> Lasagna Italian Green Beans Side Salad White Roll Peach Cobbler	<b>25</b> Smothered Pork Chops Over Rice Bermuda Vegetables Cornbread Sherbet	<b>26</b> Taco Salad Chili Beans Sour Cream/ Guacamole Cheese Dips & Chips Churros	<b>27</b> Crab Cakes OR Grilled Chicken Roasted Potatoes Fried Corn Wheat Roll Tropical Fruit	
<b>30</b> Oven Fried Chicken Scalloped Potatoes Brussel Sprouts Buttery Biscuit	<b>31</b> Frito Chili Pie Onions & Cheese Jalapeños Black Beans & Corn Fruited Jell-O		Chef salads are available daily with the choice of chicken, ham, or turkey. Call to get your name on the list before 11 a.m. 754-6148	All our meals are prepared daily here in the center. We try to make as much as we can from SCRATCH, giving great flavor to all our meals	