


January 2023		Johnson County Senior Activity Center		Congregate Menu	
<p>2 Activity Center will be closed</p> 	<p>3 Grilled Chicken Oven Roasted Potatoes Peas & Carrots Wheat Roll Spiced Applesauce</p>	<p>4 Liver & Onions or Salisbury Steak Mashed Potatoes w/ Gravy Bermuda Vegetables Wheat Roll Peach cobbler</p>	<p>5 BBQ rib patty Mac and Cheese Green Beans Wheat roll Mandarin Oranges</p>	<p>6 Scrambled Eggs Sausage Hash Brown Biscuit & Gravy Juice</p>	
<p>9 Chicken Fried Steak Mashed Potatoes Country Gravy Green Beans w/ Onions Wheat Roll Tinted Pears</p>	<p>10 Spaghetti w/ Meat Sauce Buttery Green Peas Garlic Roll Spice Cake w/ Cream Cheese Icing</p>	<p>11 Grilled Chicken Breast Wild Rice Broccoli & Cauliflower Wheat Roll Orange Dreamcicle Cake</p>	<p>12 Pinto Beans w/ Ham Baby Bakers Seasoned Turnip Greens Cornbread Sliced Onion Pear Cranberry Crisp</p>	<p>13 BBQ Pork on Bun Baked Beans Creamy Coleslaw Spiced Apples</p>	
<p>16 Salisbury Steak Mashed Potatoes Brown Gravy Seasoned Green Beans White Roll Brownie</p>	<p>17 Oven Fried Chicken Scalloped Potatoes Brussel Sprouts Buttery Biscuit Fruit Cocktail</p>	<p>18 Polish Sausage Sauerkraut Sidewinder Fries Wheat Roll Jell-O w/Fruit</p>	<p>19 Breaded Chicken Roasted Potato Medley California Blend Vegetables Wheat Roll Tropical Fruit</p>	<p>20 Beef & Broccoli over Fried Rice Oriental Vegetables Egg Roll Mandarin Oranges</p>	
<p>23 Ranch Chicken Cheesy Mashed Potatoes Mixed Vegetables Wheat Roll Peach Cobbler</p>	<p>24 BBQ Rib Patty Mac & Cheese Green Beans Wheat Roll Mandarin Oranges w/ Cherries</p>	<p>25 Chicken N Dumplings Buttery Carrots Fluffy Biscuit Angel Food Cake w/ Peaches & Whipped Topping</p>	<p>26 Hamburger Steak w/ Peppers & Onions Mashed Potatoes w/ Gravy Peas & Carrots Wheat Roll Banana Pudding</p>	<p>27 Cheeseburger on Bun Lettuce, Tomato, pickle Onion Rings Baked Beans Pudding Cup</p>	
<p>30 Smoked Sausage w/ Potatoes 5 Way vegetables Corn Bread Muffin Fluffy Fruit Salad</p>	<p>31 Homemade Meatloaf Mashed Potatoes Brown Gravy Buttery Sweet Corn White Roll Apple Cobbler</p>		<p>Chef salads are available daily with the choice of chicken, ham, or turkey. Call to get your name on the list before 11 a.m. 754-6148</p>	<p>All our meals are prepared daily here in the center. We try to make as much as we can from SCRATCH, giving great flavor to all our meals</p>	

