

January 2023

Pope County Senior Wellness & Activity Center

Daytime

MON	TUE	WED	THU	FRI
<p>2</p> <p><b>CENTER CLOSED</b></p>	<p>3</p> <p>Bean Shooters @ Danville</p> <p>9:00 Exercise Group</p> <p>10:00 Bingo</p>	<p>4</p> <p>9:00 3 Team BBB Tournament</p> <p>9:00 Watercolor Painting</p> <p>10:00 Bingo</p> <p>11:00 Strong Woman</p>	<p>5</p> <p>9:00 Crochet Group</p> <p>9:00 Exercise Group</p> <p>10:00 Bingo</p>	<p>6</p> <p>9:00 Chair Volleyball Tournament</p> <p>9:30 Stitches Open Sewing</p> <p>10:00 Bingo</p> <p>11:00 Strong Women</p>
<p>9</p> <p>9:30 T-Birds VB Practice</p> <p>10:00 Bingo</p> <p>11:00 Strong Women</p>	<p>10</p> <p>Violet Rage @ Danville</p> <p>9:00 Exercise Group</p> <p>10:00 Bingo sponsored by Malisa with Humana</p>	<p>11</p> <p>Eagles @ Clarksville</p> <p>Morrilton @ Bean Shooters</p> <p>9:00 Watercolor Painting</p> <p>10:00 Bingo sponsored by Brookdale Assisted Living</p> <p>11:00 Strong Women</p>	<p>12</p> <p>9:00 Crochet Group</p> <p>9:00 Exercise Group</p> <p>10:00 Bingo</p> <p>Regional Chair Volleyball Tourn @ Hot Springs</p>	<p>13</p> <p>10:00 Bingo</p> <p>11:00 Strong Women</p> <p>Regional Chair Volleyball Tourn @ Hot Springs</p>
<p>16</p> <p>9:00 Oil Painting</p> <p>9:30 T-Birds VB Practice</p> <p>10:00 Bingo</p> <p>11:00 Strong Women</p>	<p>17</p> <p>Bean Shooters @ Clarksville</p> <p>Eagles V Violet Rage</p> <p>9:00 Exercise Group</p> <p>10:00 Bingo</p>	<p>18</p> <p>Morrilton @ Eagles</p> <p>9:00 Watercolor Painting</p> <p>10:00 Bingo</p> <p>11:00 Strong Women</p>	<p>19</p> <p>8:00 Pocola</p> <p>9:00 Crochet Group</p> <p>9:00 Exercise Group</p> <p>10:00 Bingo</p>	<p>20</p> <p>10:00 Bingo</p> <p>11:00 Strong Women</p>
<p>23</p> <p>9:00 Oil Painting</p> <p>9:30 T-Birds VB Practice</p> <p>10:00 Bingo</p> <p>11:00 Strong Women</p>	<p>24</p> <p>Violet Rage @ Clarksville</p> <p>9:00 Exercise Group</p> <p>10:00 Bingo</p>	<p>25</p> <p>Eagles V Bean Shooters</p> <p>Violet Rage V Bean Shooters</p> <p>9:00 Watercolor Painting</p> <p>10:00 Bingo</p> <p>11:00 Strong Women</p>	<p>26</p> <p>9:00 Crochet Group</p> <p>9:00 Exercise Group</p> <p>9:30 Dinner Bucket Trip</p> <p>10:00 Bingo</p>	<p>27</p> <p>10:00 Bingo</p> <p>11:00 Strong Women</p>
<p>30</p> <p>9:00 Oil Painting</p> <p>9:30 T- Birds VB Practice</p> <p>10:00 Bingo</p> <p>11:00 Strong Women</p>	<p>31</p> <p>9:00 Exercise Group</p> <p>10:00 Bingo sponsored by Mailsa with Humana</p>			