


January 2023		LEON MILLSAP SENIOR ACTIVITY CENTER			CONGREGATE MENU
Monday	Tuesday	Wednesday	Thursday	Friday	
<b>2 CENTER CLOSED</b> 	<b>3</b> Spaghetti w/Meat Balls Italian Green Beans Garlic Roll Coca Cola Cake	<b>4</b> Pork Roast Mashed Potatoes Pork Gravy Peas & Carrots White Roll Chocolate Cake	<b>5</b> Beef & Broccoli Stir Fry Fried Rice Egg Rolls Coconut Pie	<b>6</b> Chicken & Dumplings Peas & Carrots Biscuit Bread Pudding	
<b>9</b> Soft Beef Taco Refried Beans Side Salad Chips/Salsa Cheesecake	<b>10</b> BBQ Chicken Coleslaw Baked Beans Wheat Roll Banana Pudding	<b>11</b> Pinto Beans w/Smoked Sausage Oven Roasted Potatoes Brussel Sprouts Cornbread Tropical Fruit	<b>12</b> Baked Ham Sweet Potato Patty Green Peas Wheat Roll Homemade Pumpkin Pie	<b>13</b> Oven Fried Chicken Mashed Potatoes Country Gravy Steamed Broccoli White Roll Mandarin Oranges	
<b>16</b> Hamburger Steak Mashed Potatoes Brown Gravy Green Beans Wheat Roll Fruit Compote	<b>17</b> Fried Pork Chop Baked Potato Broccoli Salad White Roll Applesauce	<b>18</b> Roast Beef Mixed Vegetables Baked Potato Cornbread Banana Pudding	<b>19</b> Chicken & Dressing Mashed Potatoes Chicken Gravy Green Beans White Roll Pumpkin Pie	<b>20</b> Homemade Pizza Side Salad Texas Toast Mandarin Oranges	
<b>23</b> Bone-in-Ribs Baked Beans Macaroni & Cheese White Roll Chocolate Pie	<b>24</b> Chicken Livers or Strips Grilled Onions Mashed Potatoes Country Gravy Buttery Carrots Wheat Roll Baked Apples	<b>25</b> Goulash Side Salad Texas Toast Apple Dumplings	<b>26</b> Grilled Chicken Salad ½ Baked Potato Sour Cream & Butter Crackers Peaches	<b>27</b> Homemade Meatloaf Au Gratin Potatoes Lima Beans Cornbread Orange Sherbet	
<b>30</b> Baked Chicken Sweet Potato Fries Green Beans w/Onion Wheat Roll Sweet Pecan Bread	<b>31</b> Scrambled Eggs Sausage Patty Pancakes Biscuits & Country Gravy Cinnamon Roll Assorted Juice			Your choice of turkey, ham or grilled chicken chef salad available daily. Sign up or call 495-7371 before 11 to order yours	