


Congregate Menu		Johnson County Senior Activity Center			March 2023
Monday	Tuesday	Wednesday	Thursday	Friday	
	<p>Chef salads are available daily with the choice of chicken, ham, or turkey. Call to get your name on the list before 11 a.m. 754-6148</p>	<p>1 Spaghetti with Meat Balls Green Beans w/ Bacon & Onions Garlic Toast Apple Cinnamon Cake w/ Cream Cheese frosting</p>	<p>2 Great Northern Beans Baby Bakers Fried Cabbage Regular OR Mexican Cornbread Peanut Butter Bar</p>	<p>3 Chicken Cordon Bleu w/Hollandaise Sauce Vegetable Rice Broccoli White Roll Carrot Cake Bars</p>	
<p>6 Country Fried Steak Mashed Potatoes/Gravy Mixed Vegetables Wheat Rolls Lemon Blueberry Cake</p>	<p>7 Chicken Parmesan over Linguine Noodles Broccoli and Cauliflower Garlic Toast Peaches</p>	<p>8 Homemade Sausage & Cheese Pizza Side Salad Buttery Corn Honey Cake</p>	<p>9 BBQ Pork on Bun Mac N Cheese Coleslaw Baked Beans Homemade Banana Pudding</p>	<p>10 Pecan Crusted Chicken Garlic and Herb Potatoes Caribbean Vegetables Biscuit Strawberry Shortcake</p>	
<p>13 Tomato Soup Chicken Salad on White Bread Lettuce and Tomato Pickle Spear/Chips Brown Sugar Peach Cake</p>	<p>14 Hamburger Steak Onions & Mushrooms Over Brown Rice Candied Carrots Wheat Roll Pudding Fruit Salad</p>	<p>15 Chicken & Dumplings Green Peas Brown Sugar Glazed Carrots Flakey Biscuit Strawberry Sugar Cookie</p>	<p>16 Liver & Onions OR Salisbury Steak Mashed Potatoes Gravy Mixed Vegetables Wheat Roll Blueberry Cheesecake</p>	<p>17 Potato Soup w/ Bacon & Shredded Cheese Fried Cabbage Buttermilk Cornbread Peppermint Patty Cookies</p>	
<p>20 Breaded Chicken on Bun Cheese, Lettuce & Tomato Cole Slaw Sweet Potato Fries Mandarin Oranges & Cherries</p>	<p>21 Lasagna Italian Green Beans Side Salad White Roll Peach Cobbler</p>	<p>22 Smothered Pork Chops Over Rice Bermuda Vegetables Cornbread Lime Sherbet</p>	<p>23 Oven Fried Chicken Scalloped Potatoes Brussel Sprouts Buttery Biscuit Almond Joy Cookie Bars</p>	<p>24 Crab Cakes OR Grilled Chicken Roasted Potatoes Fried Corn Wheat Roll Tropical Fruit</p>	
<p>27 Beef Enchiladas Black Beans Sour Cream Guacamole Queso Cheese Dip & Chips Apple Pie Tacos</p>	<p>28 Homemade Meatloaf Mashed Potatoes Country Gravy Seasoned Green Beans Wheat Roll Raspberry Coconut Magic Bars</p>	<p>29 Chicken Tenders with Ranch Cup Steak Fries Roasted Zucchini Wheat Roll Strawberry Cream Pie</p>	<p>30 Turkey, Bacon, Cheese On White Bread Homemade Broccoli and Cheese Soup Chips Pickle Spear Blueberry Coffee Cake</p>	<p>31 Cheeseburger on a Bun Lettuce, Tomato & Pickle Tater Babies Baked Beans Pear & Cranberry Crisp</p>	