



May 2023		Johnson County Senior Activity Center		Congregate Menu
1 Chicken Parmesan over linguine noodles Roasted Broccoli Garlic Bread Sliced Oranges	2 Hamburger Steaks w/ Brown Gravy Mashed Potatoes 4 Way Vegetables Wheat Roll Homemade Banana Pudding	3 Chicken Tenders Sidewinder Fries Buttery Corn Wheat Roll Butterscotch Lush Cake	4 Savory Pork Roast Stuffed Baked Potato Roasted Broccoli Texas Toast Angel Food Cake w/ Strawberries	5 Pinto Beans w/Ham Fried Potatoes Seasoned Greens Regular or Mexican Cornbread Possum Pie
8 Cheeseburger on Bun Lettuce, Tomato, Onion Potato Salad Cucumber and Tomato Salad Baked Beans Ice Cream Cup	9 Liver & Onions Or Salisbury Steak Mashed Potatoes/ Gravy Mixed Vegetables Wheat Roll Pear Crisp	10 Brown Sugar Ham Roasted Cauliflower Black-eyed Peas Mexican Cornbread Strawberry Cobbler	11 Oven Fried Chicken Mashed Potatoes/Gravy Garlic Parmesan Roasted Broccoli Biscuit Heaven on Earth Cake	12 Spaghetti with Meatballs Side Salad Roasted Carrots Garlic Roll Apple Bread Pudding
15 BBQ Rib Patty Homemade Mac & Cheese Okra & Tomatoes Wheat Roll Chocolate Cobbler w/ Vanilla Ice Cream	16 Chicken Fried Steak Mashed Potatoes/Gravy Mixed Vegetables Wheat Roll Mixed Fruit	17 Lemon Pepper Chicken Over Egg Noodles Cheesy Scalloped Potatoes Garlic Roll No Bake Banana Split Cake	18 Homemade Meatloaf Mashed Potatoes w/ Brown Gravy Buttery Corn Wheat Roll Carrot Cake	19 Fried Catfish Hush Puppies Baked Beans Coleslaw Lemon Meringue Pie
22 Taco Salad Refried Beans Spanish Rice Guacamole Tortilla Chips Apple Cinnamon Crisp	23 Ranch Chicken Wrap Curly Fries Broccoli w/ Cheese Sauce Shirley Temple Cake	24 Open Faced Turkey on Texas Toast Mashed Potatoes w/ Turkey Gravy Peas & Carrots White Cake w/Lemon Frosting	25 Slow Cooked Roast Beef Roasted Potatoes Honey Glazed Carrots Wheat Roll No Bake Pineapple Cream Dessert	26 Sausage or Bacon Scrambled Eggs Hash Brown Biscuit & Homemade Gravy Juice
29 	30 Soft Chicken Tacos Lettuce, Tomato Mexican Rice Tortilla Chips Guacamole, Salsa, Sour Cream Pineapples	31 Salisbury Steak Mashed potatoes/gravy Green beans Wheat roll pears		Chief Salads are Available Daily with choice of Chicken, Ham or Turkey. Call to get your name on the list before 11am 754-6148