Congregate Menu	Johnson County Senior Activity Center			September 2023
Chef Salad with Ham, Turkey or Chicken available. Call 479-754-6148 before 11:00 to make your reservation for one.	Hello Se	ptember		1 Spaghetti with Meatball Green Beans French Bread Tropical Fruit
Center Closed for Labor Day	5 Chicken and Cheese Enchiladas w/Sour Cream Spanish Rice Refried Beans Chocolate Cake	6 Grilled Chicken Roasted Carrots Broccoli w/Cheese Sauce Cheese Garlic Biscuit Pecan Pie Cake	7 Supreme OR Cheese Pizza Side Salad Breadsticks with Sauce Reese's Poke Cake	8 Oven Roasted Turkey Stuffing Squash Casserole Buttery Biscuit Chocolate Cream Pie
11 Chicken Sandwich Lettuce, Tomato, & Pickle Sweet Potato Fries Broccoli Salad Éclair Cake	12 Salisbury Steak Mashed Potato/Gravy 4 Way Vegetables Wheat Roll Heaven on Earth Cake	13 Zesty Ranch Chicken Baby Bakers Caribbean Vegetables Wheat Roll Apple Cinnamon Cobbler	14 Homemade Meatloaf Roasted Potatoes & Onions Seasoned Green Beans White Roll No Bake Peanut Butter Bar	15 Bacon Cheeseburger Lettuce, Tomato, & Onion Creamy Coleslaw Baked Beans Pineapple Upside Down Cake
18 Open Face Turkey Sandwich w/ Turkey Gravy Cheesy Ranch Potatoes Peas & Carrots Sugar Cookies	19 Smothered Chicken Roasted Potatoes Bermuda Vegetables Wheat Roll French Silk Brownie	20 Pinto Beans w/ Ham Country Potatoes Greens Cornbread Banana Bread Cake	21 Breaded Chicken Sandwich Baked chips Cranberry Pecan Slaw Pineapple Tidbits	22 Touchdown Chili w/ Sour Cream Sauteed Broccoli Crackers Cinnamon Roll Poke Cake
25 Chicken and Dumplings Green Peas Buttery Carrots Biscuit Fruit Cocktail	26 Biscuit Coated Chicken White Cheddar Cheese Curds Broccoli and Cauliflower Wheat Roll Peanut Butter Lasagna	27 Taco Soup w/ Tortilla Chips Sour Cream Shredded Cheese Side Salad Banana Pudding	28 Pancakes w/Sausage Patties Biscuit & Gravy Scrambled Eggs Hash Browns Orange Juice	29 Smoked Sausage w/Sauerkraut Fried Corn Cornbread Angel Food Cake w/ Strawberries