






September 2023		Pope County Senior Wellness & Activity Center			Afternoon Activities
Monday	Tuesday	Wednesday	Thursday	Friday	
				1 1:15 Move with Balance	
4 CLOSED 	5 12:30 Spiritual Encouragement Class 3: Line Dance Group	6 1:15 Move with Balance	7 1:00 ADVISORY COUNCIL MTG. 1:00 Master Gardeners Executive Meeting 3:00 Line Dance Class	8 1:15 Move w/Balance 6:00 Trip to Mak Daddy's	
11 1:00 Open Sewing 1:15 Move w/Balance	12 12:30 Spiritual Encouragement Group 3:00 Line Dance Class	13 1:15 Move w/Balance	14 1:00 Master Gardeners Mtg. 3:00 Line Dance Class	15 1:15 Move w/Balance	
18 1:00 Open Sewing 1:15 Move w/Balance	19 12:30 Spiritual Encouragement Group 3:00 Line Dance Class	20 1:15 Move w/Balance	21 3:00 Line Dance Class	22 1:15 Move with Balance	
25 1:00 Open Sewing 1:15 Move with Balance	26 12:30 Spiritual Encouragement Class 3:00 Line Dance	27 1:15 Move with Balance	28 3:00 Line Dance Group	29 Move with Balance	