

October 2023		Pope County Senior Wellness & Activity Center			Afternoon Activities
Monday	Tuesday	Wednesday	Thursday	Friday	
2 1:00 Open Sewing 1:15 Move w/Balance	3 12:30 Spiritual Encouragement Class 3:00 Line Dance	4 1:15 Move w/Balance	5 1:00 Master Gardener's Executive Meeting 3:00 Line Dance	6 1:15 Move w/Balance	
9 1:00 Open Sewing 1:15 Move w/Balance	10 12:30 Spiritual Encouragement Class 3:00 Line Dance Group	11 1:00 Bridge (New Dining Room) 1:15 Move w/ Balance	12 1:00 Master Gardener's Meeting 1:00 ADVISORY COUNCIL MEETING 3:00 Line Dance	13 1:15 Move w/Balance 6:00 Trip to Mak Daddy's in Dover	
16 1:00 Open Sewing 1:15 Move w/Balance	17 12:30 Spiritual Encouragement Class 3:00 Line Dance Class	18 1:15 Move w/Balance	19 3:00 Line Dance Class	20 1:15 Move w/Balance	
23 1:00 Open Sewing 1:15 Move w/Balance	24 12:30 Spiritual Encouragement Class 3:00 Line Dance Class	25 1:00 Bridge (New Dining Room) 1:15 Move w/Balance	26 3:00 Line Dance Class	27 1:15 Move with Balance	
30 1:00 Open Sewing 1:15 Move with Balance	31 12:30 Spiritual Encouragement Class 3:00 Line Dance				