

October 2023		LEON MILLSAP CENTER			CONGREGATE MENU
Monday	Tuesday	Wednesday	Thursday	Friday	
2 Beef Stroganoff Peas & Carrots Roll Lemon Delight	3 Boneless Pork Chop w/ Mushroom Gravy White Rice Green Beans Roll Peach Cobbler	4 Chicken Fettuccine Side Salad Garlic Bread Cherry Cheesecake	5 Pinto Beans w/ Ham Fried Potatoes Turnip Greens Buttermilk Cornbread Chocolate Cake	6 Cheeseburgers Lettuce, Tomato, Pickle, Onion Baked Beans Chips Pumpkin Bread	
9 Beef and Broccoli Stir Fry Fried Rice Egg Role Mandarin Cake	10 Fried Chicken Twice Baked Potatoes Broccoli Medley Roll Pecan Cobbler	11 Salsbury Steak Creamy Mashed Potatoes w/Gravy Whole Kernal Corn Roll Apple Pie	12 Chicken Pot Pie Sweet Peas Roll Strawberry Shortcake	13 Sloppy Joe on a Bun Creamy Coleslaw Potato Wedges Sliced Peaches	
16 County Fried Steak Mashed Potatoes w/ Country Gravy Baby Buttery Carrots Roll Possum Pie	17 Loaded Baked Potato w/Ham, Cheese, Onion Side Salad Roll Variety of Fruit	18 Sauerkraut w/ Smoked Sausage Black Eyed Peas Cornbread Banana Pudding	19 Chicken Livers or Chicken Tenders Loaded Mashed Potatoes French Style Green Beans Roll 4-Layer Delight	20 BBQ Pulled Pork on a Bun Baked Beans Ruffle Potato Chips Warm Baked Apples	
23 Scrambled Eggs Biscuit & Gravy Hashbrown Patty Sausage Cinnamon Roll Assorted Juice	24 Beef and Bean Burrito Supreme w/ Lettuce, Tomato, Onion Cheese Dip Tortilla Chips Sour Cream/Salsa Cook Delight Cake	25 Warm Roast Beef Sandwich on a Hoagie Bun Tator Tots Cucumber Salad Fruit Salad	26 Popcorn Chicken Mashed Potatoes w/Country Gravy Sweet Corn Roll Cinnamon Roll Cake	27 Great Northern Beans w/Smoked Sausage Oven Roasted Potatoes Fried Okra Cornbread Blackberry Cobbler	
30 Hamburger Steak w/Onions and Mushrooms Baby Bakers Broccoli & Cheese Roll Apple Crips	31 Bewitched Chili w/ Fritos and Cheese Side Salad Cheesy Bread Finger Spider Cookies			Choice of Chicken, Turkey, or Ham chef salad offered Daily. Please call by 11:00 to place your order for a salad. 479-495-7371	