





## Halloween Costume Contest October 31

Dates to Remember

10/12 Trip to Oark General

Store

10/17 thru 10/19

Trip to Branson

10/19 Pocola

Casino trip

10/28

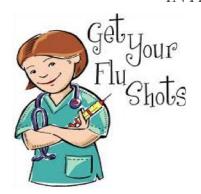
Mt View Bean Festival and Lunch at JoJO's catfish 10/10

JOYCE AND LANA

WITH UAMS WILL BE HERE TO DISCUSS HOW IMPORTANT IT IS TO STAY UPDATED ON ALL OF OUR SHOTS!!

10/11

ROSE DRUG WILL BE HERE AT 8:00 AM TO
ADMINISTER FLU SHOTS IF YOU ARE
INTERESTED





**Advisory Council** 

Advisory Council will meet on the 2nd Thursday of each month at

1 p.m. The advisory council is a big part of a successful center as they help advise on programs, problems, menus and much more.

**Advisory Council Members** 

Joe Jirinec-President
Norma Humphrey— Vice President
Vicki High
Robert Beckham
Susan Kahon
Sherry Tidwell
Susie Condit
Robin Antrim



We would like to Thank
GLENNA COOK
For Sponsoring our
October Newsletter

Mary Gray will be at our Center on 10/27

To answer all of your Medicare and

Medi cade questions.



If you are interested in
Joining the Bridge Group
Please contact
Damien Durbin

Pope County Senior Activity Center 1010 N. Rochester Avenue Russellville, AR 72801 (479) 968-5039 Fax (479) 890-4771

Hours:

Monday—Friday 7:30 a.m.—3:00 p.m.

Senior Services Operations
Administrator:
Kayla Weber
weberk@fccare.org

Senior Services Social and Marketing
Administrator:
Dawn Haney
haneyd@fccareorg

Site Coordinator:
Patti Qualls
quallspfccare.org

Home Delivery Coordinator:
Audria Curtis
Curtisa@fccare.org

Like us on Facebook: Pope County Senior Wellness & Activity Center



Sponsors for the news letter are needed. Please see Patti if you would like to help.



This is your invitation to celebrate every one with a Birthday in October.

We will Celebrate October Birthdays on the 18th of the month





We would like to thank all of the local Businesses and Insurance Representatives that sponsor our Bingo.



We would like to Thanks Light House Realty For sponsoring our BINGO!!!



If you are interested in van service please contact the center at 479-968-5039.

## **Blood Pressure Machine**

Remember we have a blood pressure machine in the library.
Please feel free to use it.
Courtesy of
Area Agency on Aging.

