




February 2024		Pope County Senior Activity Center		Congregate Menu	
Monday	Tuesday	Wednesday	Thursday	Friday	
			1 Cheeseburger Lettuce, Tomato, Pickle Tater Babies Cinnamon Roll Cake	2 Overnight Pork Roast Mashed Potatoes & Gravy Green Beans w/ Onion	
5 Salisbury Steak Mashed Potatoes & Gravy Peas & Carrots Wheat Roll Pineapples	6 Baked Chicken Breast Garlic Mashed Potatoes Corn Casserole Wheat Roll Spice Cake	7 Beef Liver or Chicken Tenders Mashed Potatoes & Gravy Tuscan Vegetables Wheat Roll Churro & Ice Cream	8 Chicken & Dumplings Brown Sugar Carrots Buttery Biscuits Bread Pudding	9 Baked Ham Sweet Potato Casserole Purple Hull Peas Cornbread Peach Cobbler	
12 Chicken Tenders Baby Baker Potatoes Creamed Spinach Wheat Roll Tropical Fruit	13 Chili Dog with Onions & Cheese Baked Beans Chips Cookies	14 Chicken Spaghetti Italian Green Beans Garlic Breadstick Cherry Dumpcake	15 Vegetable Beef Soup Turkey & Swiss Sandwich Strawberry Shortcake	16 Chicken Fried Steak Mashed Potatoes & Gravy Cream Corn Wheat Roll Banana Pudding	
19 Chicken Cordon Bleu Herb Noodles Garden Vegetables Wheat Roll Peaches & Cherries	20 Great Northern Beans with Smoked Sausage Fried Potatoes Turnip Greens Cornbread Cherry Crisp	21 Savory Pot Roast Scalloped Potatoes Roasted Broccoli Wheat Roll Chocolate Pudding	22 Hamburger Steak with Peppers & Onions Mashed Potatoes & Gravy Zucchini & Tomatoes Wheat Roll Lemon Bars	23 Oven Fried Chicken Cheesy Potatoes Crack Green Beans Wheat Roll Strawberry Cake	
26 Bacon Sausage & Egg Bake Hashbrown Patty Biscuit & Gravy Tropical Fruit	27 Beef Stew Grilled Cheese Sandwich Side Salad Crackers Warm Fruit Compote	28 Ranch Chicken Baked Sweet Potato Black eyed Peas Cornbread Brownies	29 Homemade Meatloaf Au gratin Potatoes Rosted Brussel Sprouts Blueberry Cobbler	