

# Dardanelle *Senior* ACTIVITY CENTER

## ECLIPSE PREPAREDNESS

WE WILL BE HOLDING AN ECLIPSE  
PREPAREDNESS MEETING ON  
MARCH 8TH AT  
9:30!



### SHAMROCK COOKIES

#### INGREDIENTS:

- 1 cup shortening
- 1 cup confectioners' sugar
- 1 large egg, room temperature
- 1 teaspoon peppermint extract
- 2-1/2 cups all-purpose flour
- 1 teaspoon salt
- Green paste food coloring
- Green colored sugar, optional



#### DIRECTIONS:

1. Preheat oven to 375°. In a large bowl, cream the shortening and confectioners' sugar until light and fluffy, 3-4 minutes. Beat in egg and extract. Gradually add flour and salt. Tint with food coloring. Cover and refrigerate for 1 hour or until easy to handle.
2. On a lightly floured surface, roll out dough to 1/4-in. thickness. Cut with a lightly floured 2-in. shamrock cookie cutter. Place cutouts 1 in. apart onto ungreased baking sheets. If desired, sprinkle with colored sugar.
3. Bake until edges are lightly browned, 10-12 minutes. Cool for 1 minute before removing to wire racks.

**701 North 5th Street Dardanelle, AR 72834**  
**1-479-229-4129**

**THE WAIT IS OVER!!** Its finally the first of the year and time for me to kick off our NEW Drums Alive Program. We will still be meeting every Tuesday at 10:30am!

This class is designed to help improve your Physical, Emotional, and Social health by

listening to some of your favorite past time and recent songs while we beat on the drums using different techniques and rhythms.

I encourage EVERYONE to come to this class, even if you don't want to participate come and sit, have a cup of coffee, and enjoy the laughter and fun times. Who knows maybe you'll find yourself wanting to join next time!!



**Saturday March 9th from 11-1pm!**

**Our tech department is sponsoring an eclipse preparedness event at the train depot in Russellville.**

**There will be vendors and speakers there to provide information to our Seniors.**

## LIVE MUSIC

**BY  
JOHN HANEY**

**MUSIC BEGINS  
AT 10AM!**

**MARCH 19TH**

On March 25th Ride with us to A to Z to start hunting for the that next seasons decorations. We will be stopping for lunch at a local BBQ joint and maybe even some ice cream at Braums.

### Can you spot the Leprechaun?

We will be going on a few surprise adventures this month. We will be playing **Eye Spy Lucky the Leprechaun**, so keep your eyes peeled. He will be hiding with his pot of gold and the first person to find him wins a prize!



**LUNCH IS SERVED  
MONDAY THROUGH FRIDAY  
11:30 - 12:30!**

This is the year that our center will **THRIVE** and I really need to hear from everyone on any ideas for future trips, games, movies, etc. that you want to see in the up and coming news letters.

The **CENTER WIDE MEETING** will be held  
**MARCH 7TH @ 10:30am.**

We are a team and we have to work as one if we want to see our center flourish!

**DON'T FORGET OUR TRIP TO  
THE FLEA MARKET MARCH 21  
LEAVING AT 9!**

**Trip to the  
Bragin Bargin  
Bin Store in  
Clarksville  
Mar 12@ 9!**

**TRIP TO MAK DADDYS IN  
DOVER MARCH 22ND  
THE VAN WILL BE LEAVING  
THE CENTER AT 5:30PM AND  
RETURNING AROUND 9.**



Call us if you need a ride to the center. Don't miss out on any of our trips or

delicious lunches served daily  
because you cant get here.

We can pick you up!

Just call us @ 479-229-4129!

We will have pick ups between 9-  
10am.

Drop offs will be after lunch at 12:30  
or 2pm after the activity!



### **NEW CENTER ACTIVITIES!!**

- Bean Bag Baseball Team
- Crochet Classes will be held on Mondays at 9am!
- Drums Alive will be on Tuesdays @ 10:30 in the pool room.
- Pool Tournament
- Chair Volleyball
- Senior Reading day at The Primary and Intermediate School in town.
- Monthly Spa Day, come with us to Arkansas Beauty College and get pampered for the day.
- Paint with Lane Classes on Fridays @ 10:30!

If you are interested or want more information on any of these classes or activities please come to the front desk to sign up. Dates and times will be released depending on the amount of people we get for each activity.



**Monthly Spa Day** kicks off on March 6th @ 9!

There will be a sheet at the front desk that explains offered services as well as pricing. Come and pamper yourself or bring a friend with you to enjoy a nice day of pampering and relaxation.

Dardanelle Senior Activity Center has a goal to enrich the lives of those we serve. We offer many services that help promote healthy aging. We also provide Meals on Wheels for those unable to leave their home. Stop by and check us out Monday through Friday to see what we have for you!

### MARCH 14TH

Casino Trip to Choctaw Casino in Pocola, OK. We will be leaving at 9am!

March 18th We will be going Shopping in Fayetteville the van will be

DON'T MISS OUT on our fun new Art class! Paint with Lane will be held Friday March 14th & 28nd @ 9:30!

**Don't miss out on the FUN!!!**

**We will be going to Little Rock to the Vintage Antique Days on March 1st at 9 am. We will be eating lunch there at the local vendors that they have set up throughout the area.**

# HAPPY BIRTHDAY

Reed, Eula 03/01

Hogge, Thomas D 03/01

Brodie, Martha 03/02

Young, Jimmy L 03/02

Peel, Susan 03/03

Styles, Denise A 03/04

Ridgeway, Pam 03/05

Hubbard, Barbara A 03/07

Henderson, Johnnie M 03/10

Coffman, Mary 03/12

George, Christine N 03/14

Sims, Bobbie L 03/15

Smith, Gary 03/18

Genereux, Marie 03/26

Rosenfield, Mary J 03/24

Hayes, Janis C 03/25

Pitts, Sherian A 03/24



*This months newsletter sponsored by :*

**If you or anyone you know would like to Sponsor the Monthly Newsletter just have them come to the center and I will get them all set up!**



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