

March 2024

Johnson County Senior Activity Center

Congregate Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Menu



Chef Salads are available daily with your choice of chicken, ham or turkey. Call the center by 10:00 to get your name on the list.
479-754-6148

1
Spaghetti
Green Beans
Garlic Toast
Apple Cinnamon Cake

4
Country Fried Steak
Mashed Potatoes and Gravy
Mixed Veggies
Wheat Roll
Pears

5
BBQ Pork on Bun
Mac & Cheese
Coleslaw
Banana Pudding

6
Lasagna
Italian Green Beans
Side Salad
White Roll
Fruit Cocktail Dump Cake

7
Taco Salad
Chili Beans
Sour Cream
Guacamole & Chips
Zinger Cake

8
Western Omelet
Hashbrowns
Biscuit and Gravy
Choice of Juice

11
Tomato Soup
Chicken Salad Sandwich
Pickle Spear
Chips
Brownies

12
Popcorn Chicken
Side Winder Fries
Baked Beans
Wheat Roll
Pear & Cranberry Crisp

13
Sloppy Joe on Bun
Corn
Potato Wedges
Creamy Coleslaw
Fruit Cocktail

14
Smothered Pork Chops
Over Rice
Bermuda Veggies
Cornbread
Sherbert

15
Grilled Chicken
Roasted Potatoes
Fried Corn
Wheat Roll
Tropical Fruit

18
Chicken & Dumplings
Green Peas
Buttery Carrots
Flakey Biscuit
Pears

19
Hamburger Steak w/ Onions and Mushrooms
Candied Carrots
Wheat Roll
Blueberry Dump Cake

20
Chicken Tenders
Mashed Potatoes w/ Gravy
Mixed Veggies
Wheat Roll
Apple Crisp

21
Turkey, Bacon, Cheese Sandwich
Homemade Broccoli and Cheese Soup
Pickle
Blondie Bars

22
Fish Sticks
Hush Puppies
Coleslaw
Baked Beans
Lemon Velvet Cake

25
Roasted Chicken
Scalloped Potatoes
Brussel Sprouts
Biscuit
Strawberry Cake

26
Homemade Meatloaf
Mashed Potatoes w/ Gravy
Seasoned Green Beans
White Roll
Blueberry Cheesecake

27
Chicken Fettuccini Alfredo
Buttery Green Peas
White Roll
Strawberry Poke Cake

28
Ham
Mixed Veggies
Biscuit
Peach Cobbler

29
Homemade Pizza
Corn
Side Salad
Churro and Ice Cream