

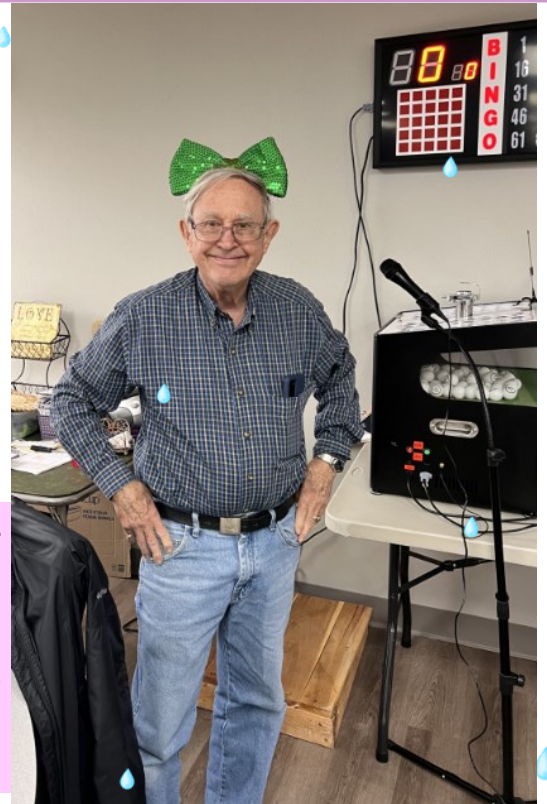
# Dardanelle Senior ACTIVITY CENTER

**701 North 5th Street Dardanelle, AR 72834  
1-479-229-4129**

We want to give a special shout out to all of our amazing local businesses that sponsor bingo for us!

**Don't forget about the Car Show April 20th  
9am-2pm at Merritt Park! You won't want to miss all of the hot rods, door prizes, and good food!**

Also a HUGE shout out to Farm Bureau and their agents Josh Buchanan and Eric Wilkins and George Jones for Donating the Eclipse Glasses to our HDM participants and CONG Participants.



**Bob Birdwhistle calling our St. Patrick's Day Bingo!**

# APRIL



**THE WAIT IS OVER!!** Its finally the first of the year and time for me to kick off our NEW Drums Alive Program. We will still be meeting every Tuesday at 10:30am!

This class is designed to help improve your Physical, Emotional, and Social health by listening to some of your favorite past time and recent songs while we beat on the drums using different techniques and rhythms.

I encourage EVERYONE to come to this class, even if you don't want to participate come and sit, have a cup of coffee, and enjoy the laughter and fun times. Who knows maybe you'll find yourself wanting to join next time!!



**We will be traveling to the Old Mill in Little rock on April 16th. The Van will be leaving at 9am, with lunch to follow.**

**Come place your BETS and enjoy the Races at Oaklawn Casino & Racing. We will be going Thursday April 25th at 8am!**



**Center Clean Up— we will be cleaning up the flower beds, and straightening up the front of the center for the upcoming spring starting at 9!**

### Lounge Chairs & Sun Rays

Ride with us to a local spot of the day to relax in some Lawn chairs and soak up some Vitamin D after lunch!



**LUNCH IS SERVED  
MONDAY THROUGH FRIDAY  
11:30 - 12:30!**

This is the year that our center will THRIVE and I really need to hear from everyone on any ideas for future trips, games, movies, etc. that you want to see in the up and coming news letters.

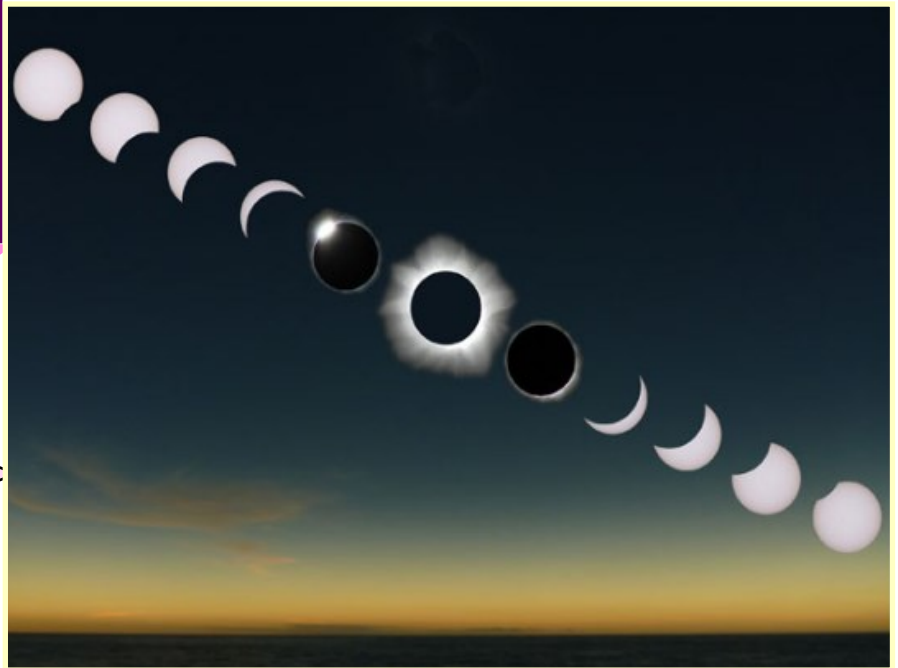
The **CENTER WIDE MEETING** the first Tuesday of each month @ 10!

We are a team and we have to work as one if we want to see our center flourish!



**DON'T FORGET OUR TRIP TO THE FLEA MARKETS IN CONWAY THE VAN WILL BE LEAVING AT 8:30 April 15th!**

**Drive up to Paris Arkansas with us on April 22 to Sightsee, Shop and have lunch on the town @ 9am.**



**Monthly Spa Day** kicks off on April 10th @ 9!

There will be a sheet at the front desk that explains offered services as well as pricing. Come and pamper yourself or bring a friend with you to enjoy a nice day of pampering and relaxation.

**TRIP TO MAK DADDYS IN DOVER APRIL 192H THE VAN WILL BE LEAVING THE CENTER AT 5:30PM AND RETURNING AROUND 9. THE BAND PLAYING IS CALLED 'CHANGING LANES'!**

Call us if you need a ride to the center. Don't miss out on any of our trips or

delicious lunches served daily because you cant get here.

We can pick you up!

Just call us @ 479-229-4129!

We will have pick ups between 9-10am.

Drop offs will be after lunch at 12:30 or 2pm after the activity!



# HAPPY BIRTHDAY

Dardanelle Senior Activity Center has a goal to enrich the lives of those we serve. We offer many services that help promote healthy aging. We also provide Meals on Wheels for those unable to leave their home. Stop by and check us out Monday through Friday to see what we have for you!

## APRIL 11TH

**Casino Trip to Choctaw Casino in Pocola, OK. We will be leaving at 8:30am!**

**Ride with us on April 30 to UEC for \$5 Movie Day we will be leaving after lunch!**

**DON'T MISS OUT on our fun new Art classes! Paint with Lane will be held FRIDAY APRIL 5TH & 19TH @ 9:30!**

Cosby, Danny C 04/01	Cato, Penny K 04/16
Bartlett, Jerry 04/02	Kendrick, Larry F 04/17
Williamson, Evelyn 04/11	Carnahan, Donald A 04/19
Huston, Mary L 04/11	Williams, Hairl D 04/22
Branch, Gary 04/11	Cross, Anna 04/23
Wooten, G. (Ann) 04/15	Tramel, Virginia 04/24
Perryman, Deloris J 04/15	Gates, Robert E 04/29
Lassiter, Dale 04/16	Weatherall, Juana 04/30

*This month's newsletter sponsored by :*



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