

April 2024 HDM & Congregate Menu—Pope County Senior Activity Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Chicken tenders Mashed potatoes & gravy Peas & carrots Wheat roll Rosy Pears</p>	<p>2 Beef tips over rice Roasted Squash Wheat roll Strawberry Shortcake</p>	<p>3 Chicken & Dressing Mashed potatoes & gravy Green beans with onion Wheat roll Pecan pie</p>	<p>4 Stuffed Bell peppers over White rice Buttered carrots Wheat roll Cinnamon roll cake</p>	<p>5 Homemade pizza Side salad Roasted corn Yogurt</p>
<p>8 Center Closed. Enjoy the Eclipse!</p> 	<p>9 Chicken parmesan over Herbed noodles Vegetable blend Wheat roll Peach fluff</p>	<p>10 Pinto beans with Ham Red roasted potatoes Turnip greens Cornbread Cookies</p>	<p>11 Chicken fajitas With peppers & onions Mexican rice Chili beans Peach cobbler</p>	<p>12 Open face turkey sandwich on Texas toast Mashed potatoes & gravy Squash casserole Spice cake</p>
<p>15 Ham & cheese quiche Hashbrown patty Biscuit & gravy Orange juice</p>	<p>16 French onion pork loin Cheesy potatoes Antiqua vegetables Wheat roll Coconut cream pie</p>	<p>17 Hamburger steak With peppers & onions Mashed potatoes & gravy Mixed vegetables Wheat roll Strawberries & cream</p>	<p>18 Ranch Chicken Baby Baker Potatoes Seasoned Broccoli Wheat roll Lemon Blueberry Cake</p>	<p>19 Homemade Lasagna Italian green beans Garlic wheat roll Cherry Pie</p>
<p>22 Popcorn chicken Or popcorn shrimp Waffle fries Coleslaw Wheat roll Chocolate pie</p>	<p>23 Polish Sausage with sauerkraut On a bun Oven fried potatoes Brownie</p>	<p>24 Chicken spaghetti Italian green beans Bread stick Strawberry poke cake</p>	<p>25 BBQ Pork on a bun Coleslaw Chips Peach shortcake</p>	<p>26 Roast beef Mashed potatoes & gravy Green beans with bacon Wheat roll Coca-cola cake</p>
<p>29 Chicken fried Steak Mashed potatoes & gravy Sweet corn Wheat roll Tropical fruit</p>	<p>30 Philly steak on a hoagie roll Peppers & onions Copper penny salad Lemon cake</p>		<p>MENU</p>	