

Dardanelle



Senior
ACTIVITY
CENTER

Hello May



FUNDRAISER LUNCH

MENU

SMOKED BRISKET
LOADED MASHED POTATOES
BAKED BEANS
GARLIC BREAD
BANANA PUDDING



 John Gladis with be performing before Lunch. 

Help raise money for the Dardanelle Senior Activity Center

THANK YOU

We extend our gratitude to all who contributed to the successful car show fundraiser. Special thanks to our sponsors for their generous support. The funds raised will benefit our center directly and contribute to our Meals on Wheels program. If you come across any of our sponsors, make sure to show your appreciation to them.



TRI-COUNTY CRUISERS
VALLEY ANTIQUE AUTO CLUB
AIR TECH
TYSON



LEGENDS CASINO/ARKANSAS
DC CONSTRUCTION
CHAMBERS BANK
MADISON RENTALS



GEORGE TERMITE & PEST CONTROL
ALL AROUND REAL ESTATE
CUTTIN' EDGE LAWN CARE
CROW BURLINGAME



CATASHA HENDRIX
BLACKOUT CREATIONS
HOLE IN THE WALL AUCTIONS
CUSTOM AUTO PAINTS



LAID OUT DESIGNS
CORNWELL FUNERAL HOME
MASTER PRINTING CLARKSVILLE
O' REILLY AUTO PARTS



Our visit to The Old Mill in North Little Rock was delightful. The blooming flowers, pleasant weather, and stunning scenery made the experience unforgettable. Afterwards, we enjoyed a delicious home-cooked meal at Littlefields, which was truly appetizing!



5/1 - Spa Day (9:00)

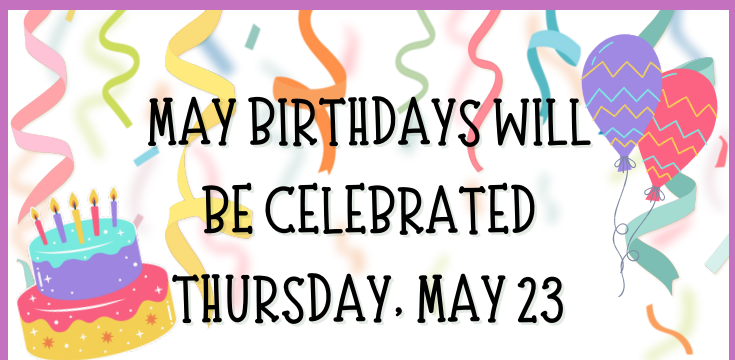
5/7 - Flea Market Trip to Conway. Lunch following. (9:00)

5/16 -Casino Trip to Cherrokee (8:30)

5/20 -Trip to Price Break (10:00)

5/22 -Flea Market Shopping in Russellville (9:00)

5/30 -Trip to The Old Mill (9:00)



MAY BIRTHDAYS WILL
BE CELEBRATED
THURSDAY, MAY 23



COME HAVE FUN WITH US!

**Bingo * Painting * Crochet Class
Drums Alive * Delicious Lunch
Cards * Trips * Exercise Room**



Roll the dice and join our casino adventure! The van leaves at 8:30 sharp! May the odds be ever in your favor.



We are continuously seeking sponsors for Bingo. If you know of anyone who might be interested in sponsoring, please reach out to us.

On May 22nd at 11:00, Joyce Priddy will discuss Hyperthermia and the risks associated with overheating for senior adults.

UAMS | Donald W. Reynolds Institute on Aging

WEST CENTRAL CENTER ON AGING



Join us for **Drums Alive** this month!



TUESDAY

May 2024
5-7 @ 10:30PM
5-15 @ 10:30PM
5-21 @ 10:30PM
5-28 @ 10:30PM

Lunch is served Monday -

Friday 11:30-12:30



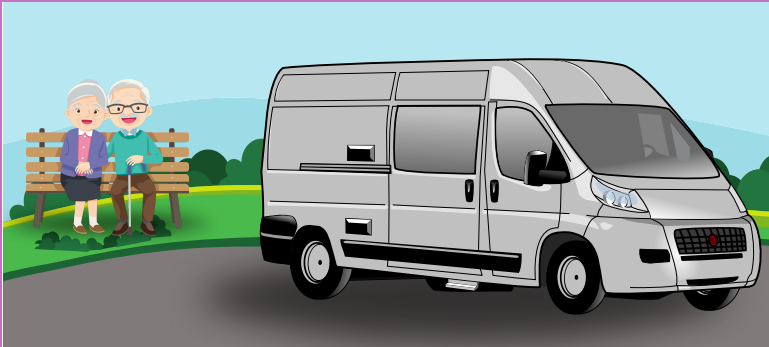
To-Go Meals \$8

Under 60 \$8



Meals on Wheels

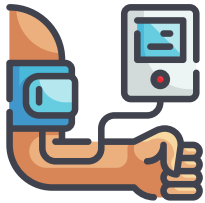
If you know someone who is 60 or older and homebound, please call the center at 479-229-4129 to make a referral.



We offer local transportation to the center for meals and activities. Pick up is between 9:00 & 10:00AM. For more information call 479-229-4129

CENTERWIDE MEETING

May 14 at 10:00 AM



Don't forget to utilize the blood pressure machine located in the exercise room. Area Agency on Aging has generously provided it for all to use.



Happy Birthday

DORTHY HUMPHRIES 5/1
ERMA LEWALLEN 5/2
PAM WARREN 5/5
MELVIN SMITH 5/6
DIANE SPRINGER 5/11
DALE LAMBERSON 5/11
CHARLES MCGEHEE 5/12

PATRICIA HOLLAND 5/13
KATHY FRANKS 5/18
SHIRLEY DEESE 5/21
DEBBIE RIDDLE 5/21
DONALD WILKINSON 5/22
LARRY COLLINS 5/25
FRANCIS MANSON 5/26



Dardanelle Senior Activity Center

701 North 5th St. Dardanelle, AR 72834

Hours: Monday thru Friday: 8:00 a.m.- 4:00 p.m.

WWW.RIVERVALLEYSENIORS.COM

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Find us on

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