



A big thank you to our fantastic volunteers for dedicating countless hours to our center. Your support is truly invaluable!

Wishing our Bean Bag Baseball Team the best of luck at the Regional Tournament on Friday, May 3rd at Hot Springs Village. Let's bring home that trophy!

Dates to Remember

Every Monday & Thursday- Peppi @ 9:00 5/1- Center Wide Meeting @ 11:00 5/1 & 5/2 Yard Sale 8:00-1:00 5/3 BBB Tournament- Hot Springs Village. Leaving center @ 6:00AM 5/6 - Paint with Lane @ 12:00 5/7 - 9:00 BBB Beanshooters @ Danville Volleyball Follows 5/8 - Bingo sponsored by Ben Foster with CIGNA Health @ 10:00 5/14 - 9:00 Violet Rage @ Danville BBB & Volleyball 5/15 - 10:00 Band 5/16 - Birthday Table Sponsored by **Anchor Insurance** 5/20 - Paint with Lane @ 12:00 5/21- 9:30 Danville @ Mt. Ida BBB 5/22 - Bingo sponsored by House Calls **Palliative Community Care** 5/23 Trip to Plainview for lunch and shopping 4/28 - Morrilton @ Danville BBB 5/29 - 9:00 Tour Rockefeller Center on Petit Jean and lunch at The Lodge

MAY BIRTHDAYS WILL BE CELEBRATED THURSDAY, MAY 16TH AT 11-30.

BIRTHDAY TABLE SPONSORED BY ANCHOR INSURANCE

DON'T FORGET TO INCLUDE YOUR NAME ON THE BIRTHDAY LIST LOCATED AT THE FRONT DESK.



Join us for Drums Alive this month!

5-22 9:00 & 5-29 9:00



Join us for lunch at Junction Cafe followed by shopping at Blue Bird Boutique in Plainview May 23. We will leave at 10:00am

COME HAVE FUN WITH US!

Quilting * Bean Bag Baseball * Bingo Painting * Corn Hole * Trips * Drums Alive Cards * Exercise * Volleyball





We are planning a visit to Winthrop Rockefeller Institute in Morrilton on May 29. During the trip, we will explore the campus, tour the Legacy Gallery and Theater, the Governor and Lt. Governor's offices, the Roustabout coffee shop, and the Studio Overlook. Following the tour, we will have a delightful lunch at The Lodge.





Lunch is served Monday -Friday 11:30-12:30 To-Go Meals \$8 Under 60 \$8



We offer local transportation to the center for meals and activities. For more information cal 479-495-7371



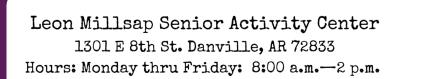
Don't forget to utilize the blood pressure machine located in the exercise room. Area Agency on Aging has generously provided it for all to use.



Meals on Wheels If you know someone who is 60 or older and homebound, please call the center at 479-495-7371 to make a referral.



We are eager to expand our center. You can support our growth by inviting friends to lunch, distributing flyers around town, or mentioning it at social gatherings. We encourage you to bring someone new to the center and show them what we have to offer.



WWW.RIVERVALLEYSENIORS.COM

(479)-495-7371

Find us on **G**

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