

July 2024		Dardanelle Senior Activity Center			Congregate Menu
Monday	Tuesday	Wednesday	Thursday	Friday	
1 Hamburger Steak Mashed Potatoes & Gravy California Vegetables Wheat Roll Strawberry Shortcake	2 Chicken Strips or Salmon Patty Mac & Cheese Bermuda Vegetables Biscuit Peaches & Cottage Cheese	3 Meatloaf Au gratin Potatoes Peas & Carrots White Roll Banana Pudding	4 Closed  Happy Independence Day	5 Chicken Fried Steak Mashed Potatoes & Gravy Fried Okra Garlic Cheese Biscuit Tropical Fruit	
8 Homemade Pizza Side Salad Breadstick Pineapple	9 Cheeseburger with Lettuce, Tomato, Onion & Pickle Potato Salad Coleslaw Homemade Ice Cream	10 Chicken Bacon Ranch Baked Potato Garden Blend Vegetables Wheat Roll Chocolate Delight	11 Over Night Pork Roast Mashed Potatoes & Gravy Mixed Vegetables Cornbread Apple Sauce	12 Frito Chili Pie Broccoli & Cheese No Bake Cookies	
15 Sausage & Kraut New Potatoes Cornbread Orange Sherbet	16 Hot Ham & Cheese Loaded Potato Soup Crackers Cherry Dump Cake	17 Bone in Ribs Potato Wedges Corn Watermelon	18 Tuna or Chicken Salad Sandwich on Wheat Ruffles Lettuce & Tomato Golden Fruit Cup	19 Fried Fish Hushpuppies Coleslaw Fried Green Tomatoes Cinnamon roll	
22 Oven Fried Chicken Mashed Potato & Gravy Chuckwagon Corn Wheat Roll Chocolate Pie	23 Beef Stew Brussel Sprouts Cornbread Peach Cobbler	24 Turkey & Swiss on Wheat Lettuce & Tomato Bacon Ranch Pasta Salad Fresh Fruit Salad	25 Pinto Beans & Ham Louisiana Cabbage Cornbread (Regular or Mexican) Bread Pudding	26 Roast Beef Mashed Potatoes & Gravy Crack Green Beans White Roll Mixed Berry Cobbler	
29 Chicken Spaghetti Tuscan Vegetables Garlic Bread Lemon Cake	30 Taco Salad Refried Beans Spanish Rice Chips & Dip Sopaipilla Cheesecake	31 Baked Ham Sweet Potato Black Eyed Peas Cornbread Pumpkin Cake			
Dardanelle Senior Activity Center		479-229-4129	701 N. 5 <sup>th</sup> St. Dardanelle, AR 72834		