

Johnson County Senior Activity Center

Congregate Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 **HAPPY
LABOR
DAY**

3
**Jambalaya
Fried Okra
Cornbread
Strawberry Crisp**

4
**Baked Ham
Sweet Potato Casserole
Corn
White Roll
Peanut Butter Bars**

5
**Beef Stroganoff
Peas
Wheat Roll
Peaches**

6
**Taco Salad
Lettuce & Tomato
Refried Beans
Chips & Salsa
Cinnamon Rolls**

9
**Meatball Sub
Sandwich
Macaroni Salad
Mixed Veggies
Honey Bun Cake**

10
**Sweet and Sour
Chicken Over White
Rice
Madarin Veggies
Egg Roll
Orange Cake**

11
**Country Fried Steak
Rosted Potatoes
Green Beans
Biscuit
Glazed Lemon Cake**

12
**Grilled Chicken Salad
Tomato
1/2 Baked Potato
Garlic Breadstick
Apple Crisp**

13
**Fried Catfish
Baked Beans
Coleslaw
Hushpuppies
Apple Crisp**

16
**Scrambled Eggs
Bacon
Hashbrowns
Biscuits
Yogurt**

17
**Chicken and Dressing
Green Beans
Wheat Roll
Cranberry Sauce
Pumpkin Cake**

18
**Homemade Meatloaf
Mashed Potatoes
Corn
White Roll
Blueberry Dump Cake**

19
**Pinto Beans and Ham
Turnip Greens
Fired Potatoes
Reg or Mex. Cornbread
Chocolate Cake**

20
**Popcorn Shrimp or
Popcorn Chicken
Roasted Potatoes
Malibu Veggies
Cheese Biscuit
Key Lime Bars**

23
**Cheeseburgers
Lettuce, Tomato, Pickle
Baked Beans
Tater Tots
Brownie**

24
**Chicken & Dumplings
Brussel Sprouts
Biscuit
Strawberry Oatmeal
Bars**

25
**Overnight Pork Roast
Mashed Potatoes & Gravy
Bermuda Vegetables
White Roll
Vanilla Pudding**

26
**Mexican Chicken
Casserole
Rice
Corn
Coconut Macarons**

27
**Beef Livers or
Hamburger Steak
Fried Potatoes
Green Beans
Wheat Roll
Tropical Fruit**

30
**Chicken Pot Pie
Broccoli
Biscuit
Peanut Butter Bars**

September