

# October 2024

Leon Millsap  
*Senior*  
ACTIVITY  
CENTER

r	p	h	a	r	v	e	s	t	o	r	l	m	n	r
n	e	u	o	c	t	o	b	e	r	n	e	e	r	g
r	w	b	m	n	o	a	i	e	a	b	a	r	a	m
s	t	o	m	p	t	r	s	e	n	a	f	s	e	n
i	o	s	r	e	k	i	l	o	g	n	i	s	a	d
m	t	r	n	b	t	i	r	e	e	e	t	a	h	r
h	o	e	d	n	a	p	n	d	m	f	o	a	g	n
n	d	n	r	t	h	n	e	u	s	a	e	n	a	e
i	o	y	d	a	e	a	i	s	b	u	e	n	s	e
a	h	v	b	o	n	f	i	r	e	n	a	e	h	w
g	u	i	e	d	e	l	o	t	p	u	h	h	o	o
i	a	t	e	m	t	n	g	i	i	a	r	t	i	l
e	s	d	u	f	b	s	y	f	t	t	l	a	e	l
e	l	w	o	m	k	e	c	e	t	o	s	w	o	a
r	a	o	n	p	n	n	r	l	o	r	t	n	s	h

- Halloween
- Harvest
- October
- Bonfire
- Green
- Orange
- Red
- Brown
- Autumn
- Pumpkin
- Leaf
- Owl

# Hello October

*One of the Best things you Can do for yourself is Taking time to learn and grow. Once you give yourself patience, you Become your best friend. and the Empathy, self-kindness and Resilience are what you need to grow.*

## October Bingo Sponsors

**-10/2 Chambers  
Bank**

**-10/23 Samantha  
Stanley**

**-10/30 AR  
Hospice**

**BINGO**

**WEDNESDAY**

**DRUMS  
ALIVE**

**10-2-24**

**10-9-24**

**10-16-24**

**10-23-24**

**10-30-24**



# YARD SALE

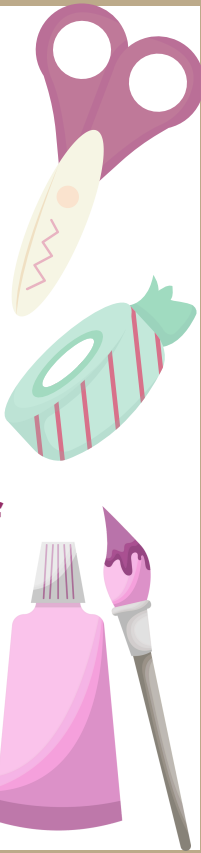
OCTOBER 25

Now is the ideal opportunity to declutter your closets and storage spaces! We will be accepting donations for our Yard Sale Fundraiser on Friday, October 25th, from 8 AM to 2 PM. All proceeds generated from the sale will go directly to support the center.

8-2

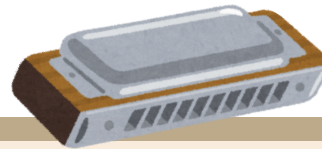


On Wednesday, October 2nd, at 4:30 PM, a youth group from a local church will be visiting our center to create fall crafts alongside our seniors. We warmly invite you to join us if you're able!



Join us Wednesday October 9th for live music from the Back Porch Band!

@10:30



# TRICK OR TREAT

Join Us Thursday October 31st @ 10 to head over to Friendship Pediatric for some Trick or Treating



Lunch is served Monday -  
Friday 11:30-12:30



To-Go Meals \$8  
Under 60 \$8



### Meals on Wheels

If you know someone who is 60 or older and homebound, please call the center at 479-459-7371 to make a referral.

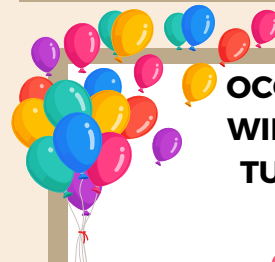
**We offer local transportation to the center for meals and activities. For more information call**

**479-495-7371**

Don't forget to utilize the blood pressure machine located in the exercise room.



Area Agency on Aging has generously provided it for all to use.



**OCTOBER BIRTHDAYS  
WILL BE CELEBRATED  
TUESDAY, OCTOBER  
29 AT 11:00.**

**HAPPY BIRTHDAY**

## Leon Millsap Senior Activity Center

1301 E 8th St. Danville, Arkansas 72833

Hours: Monday thru Friday: 8:00 a.m.—2 p.m.

**Senior Services Operational  
Administrator  
Kayla Weber  
weberk@fccare.org**



**Senior Services Social &  
Marketing Administrator  
Dawn Haney  
haneyd@fccare.org**

**Home Delivered Meals  
Coordinator  
Chelane Smith  
smithc@fccare.org**

**Site Coordinator  
Christina Noblett  
nobleffc@fccare.org**

**Head Cook  
Nikki Chronister  
chronistern@fccare.org**

**479-495-7371**

**WWW.RIVERVALLEYSENIORS.COM** Find us on