

# October 2024

JOHNSON COUNTY  
*Senior*  
ACTIVITY  
CENTER

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i	o	s	r	e	k	i	l	o	g	n	i	s	a	d
m	t	r	n	b	t	i	r	e	e	e	t	a	h	r
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n	d	n	r	t	h	n	e	u	s	a	e	n	a	e
i	o	y	d	a	e	a	i	s	b	u	e	n	s	e
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g	u	i	e	d	e	l	o	t	p	u	h	h	o	o
i	a	t	e	m	t	n	g	i	i	a	r	t	i	l
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r	a	o	n	p	n	n	r	l	o	r	t	n	s	h

- Halloween
- Harvest
- October
- Bonfire
- Green
- Orange
- Red
- Brown
- Autumn
- Pumpkin
- Leaf
- Owl



# SEPTEMBER RECAP



## Dates to Remember

- Line Dancing at noon, every Tuesday.
- 10/2 Fall Prevention Talk with Joyce Priddy @9:30
- 10/3 Crafty Seniors
- 10/4 Bingo with Samantha Stanley
- 10/11 Cavern Tour at War Eagle
- 10/16 Bingo with AR Hospice
- 10/17 Guest Speaker with Medicare
- 10/17 Crafty Seniors
- 10/18 Cherokee Casino
- 10/23 Thrift Shopping in Conway
- 10/25 Lions Club Screenings
- 10/26 Ridin' For Seniors Rodeo
- 10/30 Trip to Oark General Store
- 10/31 Crafty Seniors



*Cherokee Casino!* **OCTOBER 18, 2024**  
Roll the dice and join our casino adventure! The van leaves at 9:00 sharp! May the odds be ever in your favor.

**DON'T MISS OUT ON THE SATURDAY NIGHT DANCE ON OCTOBER 19TH @ 6:00PM! GET READY FOR A NIGHT OF GREAT COUNTRY MUSIC AND FUN. MARK YOUR CALENDARS NOW.**





# Caramel Apple Cookies

## For the Cookies:

- 3/4 c. salted butter
- 1/2 c. dark brown sugar
- 1/4 c. granulated sugar
- 1 large egg
- 1 tsp. vanilla
- 2 c. all-purpose flour
- 1/4 tsp. baking soda
- 1/2 tsp. kosher salt
- 1 tsp. apple pie spice
- 3/4 c. rolled oats
- 1 granny smith apple (grated)



tasty

## For the Caramel Icing:

- 1 1/2 c. powdered sugar
- 2 tbsp. apple cider or juice
- 3 tbsp. caramel sauce

- Preheat oven to 350
- Brown the butter by melting it over medium heat in a medium saucepan, then let it cook and bubble for an additional 3-5 minutes or until the foam and butter underneath is golden brown. Transfer it to a large, heatproof mixing bowl and swirl a few times to help stop the browning. Let it cool to room temperature about 30 minutes.
- Whisk together the flour, baking soda, salt, and apple pie spice in a bowl and set aside.
- Add the brown and granulated sugars to the bowl with the browned butter and beat on medium speed until creamy. Add the egg and vanilla, and mix until combined.
- Add the dry ingredients to the butter mixture and mix until combined. Mix in the oats and grated apple.
- Scoop dough into balls about 1 1/2 tbsp in size, onto a parchment lined baking sheet and press gently with the bottom of a glass. Bake for 10-12 minutes or until the edges are golden brown. Cool for 5 minutes on the tray before transferring to a cooling rack.
- For the Icing: whisk together powdered sugar, apple juice and caramel sauce. Using a spoon drizzle the cookies generously with the icing. Allow the glaze to set before serving.

# Benefit Rodeo

for Johnson County Senior Center

October 26, 2024

Time: 7:30 PM

Location: Foothills Arena  
Clarksville, AR

Producer: C-H Rodeo Company

## Events:

- Bull Riding - \$80
- Bronc Riding - \$80
- JR Barrels - \$25
- Cowgirls Barrel Racing - \$50
- Breakaway - \$50
- Team Roping - \$50/Man

Team ropers can enter twice.



Everyone must call in.  
Call in is October 21st from 6-10.  
Call in number is 479-567-1869


GATE FEE: \$8  
KIDS 5-12: \$5  
5 AND UNDER: FREE

Stock Contractors  
C-H Rodeo Company  
Jones Cattle Company  
Zaine Seals

The Johnson County Senior Activity Center aims to improve the lives of the individuals it serves. At the center they can enjoy nutritious meals and participate in activities like card games, crafts, exercise classes, and exciting trips to keep our community seniors active and engaged. Additionally, the Meals on Wheels program ensures that seniors who are homebound receive a nourishing meal each day, maintaining their independence and providing companionship through regular visits from the delivery drivers.

Negative Coggins is Required

de with PosterMyWall.com

 Breast Cancer Awareness Month is an international health campaign that's held every October. The month aims to promote screening and prevention of the disease, which affects 2.3 million women worldwide.

This information is provided by [Breastcancer.org](https://www.breastcancer.org).  
Donate to support free resources and programming for people affected by breast cancer.

 **WARRIOR**



Lunch is served Monday -  
Friday 11:00-12:30



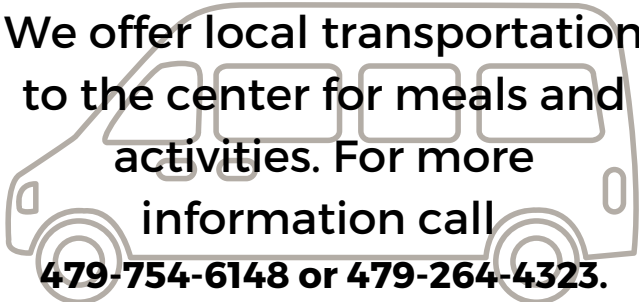
To-Go Meals \$8  
Under 60 \$8



### Meals on Wheels

If you know someone who is 60 or older and homebound, please call the center at 479-754-6148 to make a referral.

We offer local transportation to the center for meals and activities. For more information call



**479-754-6148 or 479-264-4323.**

Don't forget to utilize the blood pressure machine located in the exercise room. Area Agency on Aging has generously provided it for all to use.



JOHNSON COUNTY  
SENIOR ACTIVITY CENTER  
NEWSLETTER IS SPONSORED BY:



**Johnson County Senior Activity Center**  
1421 West Oakland Street Clarksville, AR 72830  
Hours: Monday thru Friday: 8:00 a.m.—2 p.m.

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**WWW.RIVERVALLEYSENIORS.COM** Find us on