

DARDANELLE SENIOR ACTIVITY CENTER

OCTOBER 2024

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Ritzly Chicken Mashed Potatoes w/Gravy Fried Okra Biscuit Pear Cranberry Cobbler	2 Overnight Pork Au Gratin Potato Green Peas Corn Bread Apple Sauce	3 Beef Tacos (lettuce, Tomato) Chili Beans Spanish Rice Snickerdoodle Cookie	4 Homemade Meatloaf Mashed Potatoes w/ Gravy Seasoned Green Beans White Roll Tropical Fruit
7 Chicken & Dumplings Glazed Carrots Biscuit Peach Cobbler	8 Beef Stroganoff Garden Vegetables Wheat Roll Red Velvet Cake w/ Cream Cheese Frosting	9 Spaghetti w/ Meat Sauce Tuscan Vegetables Garlic Bread Italian Cream Cake	10 Cheeseburger (Lettuce Tomato, Onion, Pickles) Baked Beans Tator Tots Ice Cream Cup	11 Fried Fish French Fries Coleslaw Hush Puppies Lemon Cake
14 Chicken Bacon Ranch Potatoes Mixed Vegetables Garlic Cheese Biscuit Fried Apple Pie	15 Sloppy Joe Side Winder Fries Chuckwagon Corn Jello w/ Fruit	16 Frito Chili Pie Broccoli Spice Cake	17 Baked Ham Mac & Cheese Garden Vegetables Bicuit Banana Pudding	18 Roast Beef Mashed Potatoes w/Gravy Antigua Vegetables Texas Toast Diced Peaches
21 Chicken Fried Steak Mashed Potato w/ Gravy Bermuda Vegetables Watergate Salad Wheat Roll	22 Beef Stew Brussel Sprouts Corn Bread Pineapple Upside Down Cake	23 Bone In Ribs Baked Beans Cole Slaw Bread Pudding Garlic Bread	24 Homemade Meatloaf New Potato Peas & Carrots Wheat Roll Brownie	25 Sausage or Spinach Quiche Biscuits & Gravy Diced Hashbrowns Assorted Juice Danish
28 Homemade Hamburger Steak or Beef Liver Mashed Potatoes w/Gravy Corn Wheat Roll Choclate Pudding	29 Mexican Soup Side Salad Tortilla Chips Spiced Pineapple	30 Chicken Spaghetti Italian Green Beans Cookies Bread Stick	31 Pinto Beans w/ Smoked Sausage Turnip Greens Reg or Mexican Cornbread Chocolate Cake	*Salads must be ordered before 10am.* 479-229-4129