

Leon Millsap Senior Activity Center

Congregate Menu

MONDAY

Chef Salads are available daily. Please call the center by 10:30 to order

7
Popcorn Chicken
Mashed Potatoes Gravy
Green Peas
Spiced Peaches

14
Chicken Sandwich
Lettuce & Tomato
Pea Salad
Ruffle Potato Chips
Tropical Fruit

21
Chicken & Dumplings
Buttery Carrots
Wheat Roll
Baked Apples

28
Cheeseburger w/Onion
Lettuce, Tomato, Pickle
Baked Beans
French Fries
Oranges

TUESDAY

1
Hamburger Steak
Mashed Potatoes Gravy
Peas
Wheat Roll
Pear Crips

8
Chili Mac
Roasted Broccoli
Corn Bread
Pear Crisp

15
Homemade Meatloaf
Mashed Potatoes Gravy
Buttery Corn
White Roll
Brownie

22
Egg Bake w/Bacon & Sausage
Hashbrown Casserole
Biscuit & Gravy
Orange Juice

29
Smothered Chicken
Oven Roasted Potatoes
Garden Vegetables
Wheat Roll
Peanut Butter Bar

WEDNESDAY

2
Baked Ham
Scalloped Potatoes
Green Beans
Wheat Roll
Cinnamon Roll

9
Chicken Livers or
Chicken Tenders
Mashed Potatoe Gravy
Green Beans
Chocolate Cake

16
Baked Fish over Garden
Rice
Roasted Brussels
Wheat Roll
Lemon Cake

23
Tuna Salad Sandwich
Potato Salad
Coleslaw
Tinted Pears

30
Spaghetti & Meatballs
Side Salad
Garlic Roll
Lemon Parfait

THURSDAY

3
Baked Parmesan Chicken
Mashed Potatoes Gravy
Asparagus
Strawberry Cake

10
Sloppy Joe
JoJo Potatoes
Pea Salad
Spiced Pineapple
Tidbits

17
Chicken Pot Pie
Baby Baker Potatoes
Buttery Biscuit
Blueberry Cobbler

24
Pinto Beans w/Ham
Spinach
Cornbread
Pumpkin Cheesecake

31
Haunted Pizza Casserole
Spooky Salad
Garlic Knots
Carmel Harvest Corn
Mix

FRIDAY

4
Meatball Sub
Steamed Vegetables
Ruffle Potato Chips
Bananna Pudding

11
Creamy Potato Soup
w/Ham
Collard Greens
Cornbread
Strawberry Shortcake

18
Chili Dog w/ Cheese
and Onion
Tator Tots
Three Bean Salad
Cookies

25
Chicken Spaghetti
Italian Greens Beans
Garlic Roll
Peach Dump Cake

October