

October 2024 Activity Calendar—Pope County Senior Activity Center

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 9am Exercise Class 9am Danville @ Beanshooters 10am Bingo 11am Yoga 11am Birthday Celebration 12:30pm Spirit Enrichment 3pm Line Dancing</p>	<p>2 9am Watercolor Group 9am 3-team Bean Bag Tournament 10am Bingo by Duvall Insurance 11am Strong People 11am Joyce Priddy to speak about Fall Prevention 1-2:30pm Paint with Fayth 1:15pm Move with Balance</p>	<p>3 9am Exercise Class 9am Crochet Group 10am Bingo 10am Cross Stitch Group 11am Yoga 1-3pm Master Gardeners 3pm Line Dancing</p>	<p>4 8am Stitches Sewing 9am 4-team Volleyball Tournament 10am Bingo 11am Strong People 1:15pm Move with Balance 2:30pm Drums Alive</p>
<p>7 9am Quilting with Flo 9am Thunderbirds Volleyball Practice 10am Bingo 11am Strong People 1:15pm Move with Balance</p>	<p>8 8:30-11am "The Philosopher's" 9am Exercise Class 9am Danville @ Violet Rage 10am Bingo sponsored by Samantha Stanley 11am Yoga 12:30pm Spirit Enrichment 3pm Line Dancing</p>	<p>9 9am Watercolor Group 9am Eagles @ Clarksville 10am Bingo 10am Morrilton @ Beanshooters 11am Strong People 1:15pm Move with Balance</p>	<p>10 9am Exercise Class 9am Crochet Group 9am Corn Hole 9am A to Z Trip(\$5 Donation) 10am Bingo 10am Cross Stitch Group 11am Yoga 12-3pm Master Gardeners 3pm Line Dancing</p>	<p>11 8am Stitches Sewing 10am Bingo 11am Strong People 1:15pm Move with Balance 2:30pm Drums Alive</p>
<p>14 9am Quilting with Flo 9am Thunderbirds Volleyball Practice 10am Bingo sponsored by Hearing Life 11am Strong People 1:15pm Move with Balance</p>	<p>15 9am Exercise Class 9am Clarksville @ Beanshooters 9am Violet Rage v Eagles 10am Bingo sponsored by Samantha Stanley 11am Yoga 12:30pm Spirit Enrichment 3pm Line Dancing</p>	<p>16 9am Watercolor Group 10am Bingo 10am Eagles @ Morrilton 11am Strong People 11am Mary Gray to speak about Medicare 1-2:30pm Paint with Fayth 1:15pm Move with Balance</p>	<p>17 8am Pocola Trip (\$10 Donation) 8am State Volleyball Tournament 9am Exercise Class 9am Crochet Group 10am Bingo 10am Cross Stitch Group 11am Yoga 3pm Line Dancing</p>	<p>18 8am Stitches Sewing 9am Home Run Derby 10am Bingo 11am Strong People 1:15pm Move with Balance 2:30pm Drums Alive 6pm Mak Daddy's Trip</p>
<p>21 9am Quilting with Flo 9am Thunderbirds Volleyball Practice 10am Bingo 11am Strong People 1:15pm Move with Balance</p>	<p>22 9am Exercise Class 9am Clarksville @ Violet Rage 10am Bingo 11am Yoga 12:30pm Spirit Enrichment 1pm Alzheimer's Support Group 3pm Line Dancing</p>	<p>23 9am Watercolor Group 9am Beanshooters v Eagles 10am Bingo 11am Strong People 1:15pm Move with Balance</p>	<p>24 9am Exercise Class 9am Crochet Group 9am Corn Hole 10am Bingo 10am Cross Stitch Group 11am Yoga 3pm Line Dancing</p>	<p>25 8am Stitches Sewing 10am Bingo 11am Strong People 1:15pm Move with Balance 2:30pm Drums Alive</p>
<p>28 9am Quilting with Flo 9am Thunderbirds Volleyball Practice 10am Bingo 11am Strong People 1:15pm Move with Balance</p>	<p>29 9am Exercise Class 10am Bingo 11am Yoga 12:30pm Spirit Enrichment 3pm Line Dancing</p>	<p>30 9am Watercolor Class 10am Bingo 11am Strong People 1:15pm Move with Balance</p>	<p>31 9am Exercise Class 9am Crochet Group 10am Bingo 10am Cross Stitch Group 11am Yoga 3pm Line Dancing</p>	

Saturday October 26 – Trip to Mountain View BeanFest and Outhouse Races