

Thank How

A Better Way Realty
Cathy's Flowers & Gifts
Sister's Savory Kitchen
Tyson

Russellville Nursing & Rehab

Gifts on Parkway

Sherry Tidwell

Robert Beckham

Robert Veach, PA Attorney

Taber Metals

Home Instead

US Foods

Advance Auto Parts

Old South

Just Desserts

Lane Physical Therapy Center

The Qualls Family

Steady Steps Home Solutions

Entergy

Flo Mears

Shear Style--Robin Delgado

Shear Style--Julie Looper

Russellville Physical Therapy

Duvall Family Insurance

Walter Lee

Feltner's Athletes Corner
Heart & Soul Christian Book Store

Merle Norman

Kitchen Essentials

Russellville Aquatic Center

Danny's Tire & Auto

AmeriCold

Bridgestone Americas Tube Co

Centennial Bank

Baldwin Construction

First Security Bank

Donna Cook

C&D Drug Store

Colton's Steakhouse

Taco Villa

Peters Family Living

Cracker Barrel Old Country Store

Tractor Supply Co

Nails by Hannah

Ozarko Tire

Arkansas Trading & Loan

LeeAnn's Fine Jewelry

Chloe's Cakes

Shear Style--Angie Martin

Shear Style--Gail Howell

We are thrilled to announce that, thanks to your incredible support and generosity, we have successfully raised approximately \$15,000! This milestone would not have been possible without each and every one of you, and we are deeply grateful for your contributions. Your donations will make a significant impact, allowing us to move forward with our mission and achieve our goals. Together, we have shown the power of community and the remarkable things we can accomplish when we come together. Thank you once again for your unwavering support and commitment to our cause!

COME HAVE FUN WITH US!

Quilting * Bean Bag Baseball * Bingo * Yoga * Watercolor Painting * Line Dancing * Corn Hole * Sewing * Drums Alive * Cards * Exercise * Spirit Enrichment * Volleyball * Crochet * And More



THANK YOU, MASTER GARDENERS, FOR MAINTAINING OUR BEAUTIFUL GROUNDS!





Meals on Wheels

If you know someone who is 60 or older and homebound, please call the center at 479-968-5039 to make a referral.

Lunch is served Monday -Friday 11:30-12:30

Age 60 & up: Suggested \$5 Donation To-Go Meals \$8 Under 60 \$8

We offer local transportation to the center for meals and activities. For more information call 479-968-5039



Don't forget to utilize the blood pressure machine located in the library. Area Agency on Aging has generously provided it for all to use.

October Speakers /



October 2 - Joyce Priddy with UAMS will speak to us about Fall Prevention at 11:00 am

October 16 - Mary Gray will be here to discuss Medicare at 11:00 am



Activity Center Advisory Council Members JOE JIRINEC-PRESIDENT NORMA HUMPHREY-VICE PRESIDENT

VICKI HIGH * ROBERT BECKHAM MARTHA HERN * SUSAN KAHON SHERRY TIDWELL * SUSIE CONDIT





October 10 - A to Z Trip 9am \$5 Donation October 14 - Master Gardener's Trip to **Botanical Gardens**

October 17 - Pocola Casino Trip 8am (\$10 Donation)

October 18 - Mak Daddy's Trip 6pm October 26 - Mountain View Beanfest & Outhouse Races 8:15am \$10 Donation

Upcoming Events

Downtown Russelfville

October 12 - ATU Homecoming October 18 - Movie in the Park @ Depot Park Downtown Russellville October 18-19 - Flair Fair @ Pope **County Fairgrounds**

October 26 - Downtown Fall Fest

November 3 - Daylight Savings Time **Ends**

November II - Veterans Day Parade

December 5 - Russellville Christmas Parade

December 13 - Holiday Glow Festival Art Walk

Pope County Senior Activity Center 1010 N Rochester Ave. Russellville, AR 72801 Hours: Monday thru Friday: 7:30 a.m.—3:30 p.m.

WWW.RIVERVALLEYSENIORS.COM

(479)-968-5039 Fax (479) 890-4771

Find us on



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