

# Johnson County Senior Activity Center Congregate Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

# November

**4** Country Fried Steak  
Mashed Potatoes &  
Country Gravy  
Tuscan Vegetables  
Biscuit  
Tropical Fruit

**5** Chicken Bacon Ranch  
Stuffed Baked Potato  
Steamed Broccoli  
Garlic Cheese Sticks  
Strawberry Fluff Cake

**6** Pork Roast  
Sweet Potatoes  
Carrots  
White Roll  
Applesauce

**7** Chili Cheese Hot Dog  
Potato Wedges  
Corn  
Pecan Pie Cake

**1** Grilled Chicken  
Roasted Potatoes  
Peas  
Wheat Roll  
Chocolate Chip Cookies

**8** Chicken Livers or  
Chicken Strips  
Mashed Potatoes  
Roasted Brussels  
Wheat Roll  
Brownies

**11** Chicken Cordon Bleu  
W/ Hollandaise Sauce  
Vegetable Rice  
Fried Green Beans  
White Roll  
Strawberry Cream Pie

**12** Pinto Beans  
Fried Potatoes  
Turnip Greens  
Cornbread  
Chocolate Cake

**13** Homemade Meatloaf  
Mashed Potatoes  
Corn  
White Roll  
Blueberry Cobbler

**14** Chicken Parmesan  
Over Garlic Herbed  
Pasta  
Roasted Broccoli  
Garlic Bread  
Apple Crisp

**15** Cheeseburgers  
Lettuce, Tomato, Pickle  
Baked Beans  
Tater Tots  
Peanut Butter Cookies

**18** Breaded Porkchops  
Au Gratin Potatoes  
Green Beans  
White Roll  
Apple Dump Cake

**19** BBQ Chicken  
Cheesy Potatoes  
Carrots  
Wheat Roll  
Possum Pie

**20** Vegetable Soup  
Grilled Ham &  
Cheese  
Chips  
Lemon Puff Pastry

**21** **Thanksgiving Lunch**  
Turkey & Dressing  
Mashed Potatoes  
Green Beans  
Rolls  
Pumpkin Pie

**22** Crispy Chicken Sandwich  
Lettuce and Tomato  
Seasoned Potato  
Wedges  
Coleslaw  
Pineapple Chunks

**25** Omelet  
Bacon  
Hashbrowns  
Biscuits & Gravy  
Yogurt

**26** Beef & Broccoli Stir  
Fry W/ White Rice  
Oriental Veggies  
Egg Roll  
Mandarin Oranges

**27** Lasagna  
Italian Green Beans  
Garlic Roll  
Fruit Cocktail

**28** **HAPPY  
THANKSGIVING  
DAY**

**29**  
**Center  
Closed**