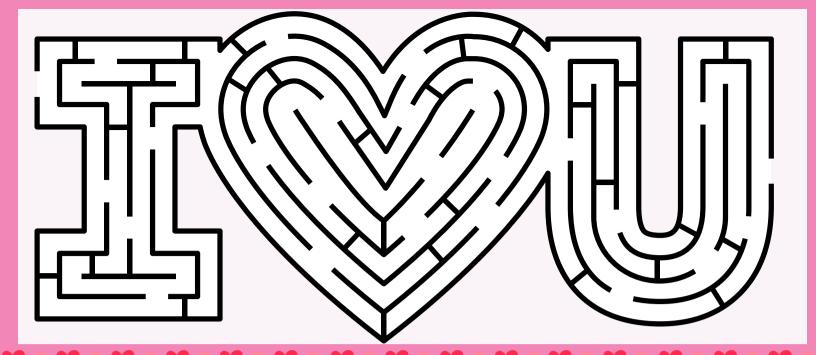
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## DATES TO REALEABER

\*Crochet Class-Every Monday @ 9:30 \*Bingo Every Wednesday & Friday @ 12:30 Drums Alive every Tuesday @ 10:30 Skip-Bo every Thursday @12:30 2/5-Bingo sponsored by Arkansas Hospice 12/7-Coffee & Junkin @ 9am 2/11-Arkansas Beauty Academy @ 9am 2/13-Birthday Table 2/18- Flea Market Shopping in Conway 2/19-Center Wide Meeting 2/21-Bingo sponsored by Samantha Stanley 2/25- Trip to A to Z @ 9am 2/28- Casino trip to Pocola @ 8:30

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We wanted to give a Special thank you to everyone who helped out and donated items to our Home Delivered Meals programs Christmas bags. Because of you all everyone on our route received an amazing Christmas gift this season.

We are starting up our crochet class again on Mondays at 9:30 am. We will be making scrubbies to hand out to the HDM participants at the end of the year in their Christmas Gift. Don't worry about not having any experience just come enjoy yourself with good company.



## WORD SCRABBLE

TRHAE
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DER SEOR-
SUGH
DNYCA
WFOLWRS
SIKS
ELVO RTLETE-
LOCHCOTEA=
EB EINM
RTHWETESTREA



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LOVE LETTER, CHOCOLATE, BE MINE, SWEETHEART HEART, CUPID, RED ROSE, HUCS, CANDY, FLOWERS, KISS,



Roll the dice and join our casino adventure! The van leaves at 8:30 sharp! May the odds be ever in your favor.







Meals on Wheels If you know someone who is 60 or older and homebound, please call the center at 479-229-4129 to make a referral.

Don't forget to utilize the blood pressure machine located in the exercise room. Area Agency on Aging has generously provided it for all to use.





## **Dardanelle Senior Activity Center**

701 NORTH 5TH STREET DARDANELLE, AR 72834 Hours: Monday Thru Friday: 8:00 A.M. - 2 P.M.



Site Coordinator Eben White whitee@fccare.org Senior Services Operational Administrator Kayla Weber weberk@fccare.org

Head Cook Deana Robertson robertsond@fccare.org

## 479-229-4129



Home Delivered Meals Coordinator Chelane Smith smithc@fccare.org

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WWW.RIVERVALLEYSENIORS.COM