


January 2025 Congregate Menu—Pope County Senior Activity Center

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p>	<p>2 French toast with Syrup Sausage Scrambled Eggs Hash Browns Tropical Fruit</p>	<p>3 Hamburger Lettuce, Tomato, Pickle Potato Wedges Three bean salad Strawberry Cake</p>
<p>6 Chicken Strips Mashed Potatoes and Gravy Bermuda Vegetables Biscuits Cookies</p>	<p>7 Philly Cheese Steak Onions and Peppers Pasta Salad Onion Rings Chocolate Pudding</p>	<p>8 Corn Dog Tater Tots Baked Beans Mixed Berry Cobbler</p>	<p>9 Meat Loaf Baby Baker Potatoes Lima Beans Wheat Roll Banana Nut Bread</p>	<p>10 Chicken Spaghetti Capri Vegetables Wheat Roll Spiced Pineapple</p>
<p>13 Chicken and Dumplings Buttery Carrots Biscuit Cranberry Salad</p>	<p>14 Roast Beef & Swiss on a Hoagie Bun Broccoli Cheese Soup Pea Salad Spiced Apples</p>	<p>15 Pork Loin Mashed Potatoes and Gravy Garden Vegetable Wheat Roll Applesauce</p>	<p>16 Sloppy Joes Cole Slaw Ruffles Vanilla Pudding</p>	<p>17 Chicken Bacon Ranch Stuffed Potato Spinach and Strawberry Salad Bread Stick Pineapple Cake</p>
<p>20 French Bread Supreme Pizza Tossed Salad Garlic Bread Stick White Cake with Pineapple icing</p>	<p>21 Goulash Green Peas Wheat Roll Diced Pears</p>	<p>22 Tilapia Wild Rice Steamed Broccoli Wheat Roll Banana Pudding</p>	<p>23 Country Fried Steak Mashed Potatoes and Gravy Fried Okra Wheat Roll Strawberry Cheesecake</p>	<p>24 Lasagna Green Beans Wheat Roll Coconut Pie</p>
<p>27 Taco Soup Side Salad Tortilla Chips and Salsa Cinnamon Swirl Cake</p>	<p>28 Roasted Chicken Breast Brown Wild Rice Broccoli Wheat Roll Chocolate Cake</p>	<p>29 BBQ Pork Chop Bermuda Vegetables Scalloped Potatoes Wheat Roll Cherry Cobbler</p>	<p>30 Chicken Parmesan Linguine Noodles Green Beans Garlic Bread Orange Cream Cake</p>	<p>31 Shepherd's Pie Side Salad Wheat Roll Hot Fruit Compote</p>