

Johnson County Senior Activity Center

Congregate Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Biscuits & Sausage
Gravy
Hashbrown
Omelet
Juice

4 Meatball Pasta
Corn
Garlic Roll
Tropical Fruit

5 Tater Tot Casserole
Carrots
Wheat Roll
Banana Pudding

6 Pepperoni Pizza
Casserole
Salad
Garlic Knots
Vanilla Pudding

7 Chicken Fried Steak
Sandwiches with
Tomato & Lettuce
Potato Wedges
Brownies

10 Sausage Tortellini Soup
French Bread
Roasted Brussel
Sprouts
Baked Apples

11 Beef Nachos
Chuckwagon Corn
Refried Beans
Cinnamon Roll Cake

12 Chicken Parmesan
Over Noodles
Green Beans
Cheese Biscuit
Chocolate Cookies

13 Turkey & Cheese
Sliders
Tomato Soup
Green Beans
Blondies

14 Valentine's Day Lunch
Steak & Shrimp
Baked Potato
Steamed Broccoli
White Roll
Strawberry Cake

17 Hobo Casserole
Green Beans
White Roll
Peanut Butter Bars

18 Pork Carnitas w/
Tortilla
Barocho Beans
Carrots
Mandarin Oranges

19 Golden Garlic Chicken
Corn
Roasted Potatoes
Wheat Roll
Apple Crisp

20 Goulash
Cheesy Biscuit
Spinach
Jello

21 French Onion Pork
Chops
Mashed Potatoes
5 Way Veggies
White Roll
Pineapple Chunks

24 Salisbury Steak
Meatballs
Roasted Potatoes
Squash
Wheat Roll
Lemon Bars

25 Chicken Broccoli
Soup
Salad
Cheese Biscuits
Peaches

26 Loaded Baked Potato
w/ Bacon
Steamed Broccoli
Wheat Roll
Strawberry Bars

27 Chicken Livers or
Chicken Tenders
Mashed Potatoes
Brussels
White Roll
Chocolate Cake

28 Cheeseburgers
Lettuce, Tomato, Pickles
Tater Tots
Baked Beans
Fruit Pizza

FEBRUARY