

# Johnson County Senior Activity Center

## Congregate Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

# January



**6**  
French Toast Sticks  
Sausage  
Omelet  
Hash Brown

**7**  
Chicken Spaghetti  
Side Salad  
Garlic Bread  
Strawberry Cake

**8**  
BBQ Pork Chops  
Au Gratin Potatoes  
Coleslaw  
White Roll  
Apple Crumble

**9**  
Philly Cheese Steak  
Sloppy Joes  
Corn  
Tater Tots  
Pineapple Chunks

**10**  
Over Night Pork Roast  
Mashed Potatoes  
Caribbean Veggies  
Biscuit  
Chocolate Pudding

**13**  
Soft Tacos  
Lettuce, Tomato,  
Cheese  
Refried Beans  
Churro Bars

**14**  
White Chicken Chili  
Soup  
Fritos  
Brussell Sprouts  
Chocolate Chip Cookies

**15**  
Sweet & Sour Chicken  
Over White Rice  
Carrots  
Egg Rolls  
Strawberry Bananas

**16**  
Pizza Calzone  
Side Salad  
Steamed Broccoli  
Brownies

**17**  
Country Fried Steak  
Mashed Potatoes  
Picked Beets  
Wheat Roll  
Mandarin Oranges

**20**  
Ham & Potato  
Casserole  
Green Peas  
Biscuit  
Pears

**21**  
Salisbury Steak  
Mashed Potatoes  
Mixed Veggies  
Wheat Roll  
Baked Apples

**22**  
Creamy Cajun Chicken  
Pasta  
Green Beans  
Garlic Toast  
Raspberry Dump Cake

**23**  
Chili W/ Fritos  
Corn  
Cheese & Onions  
Jello & Fruit

**24**  
Livers & Onions  
Mashed Potatoes  
Brussell Sprouts  
White Roll  
Peanut Butter Bars

**27**  
Popcorn Chicken  
Maccaroni & Cheese  
Corn  
Wheat Roll  
Butterscotch Pudding

**28**  
Tomato Soup  
Grilled Cheese  
Roasted Broccoli  
Cranberry Bars

**29**  
Cheeseburgers  
Lettuce, Pickles, Onion  
Sidewinder Fries  
Baked Beans  
Blueberry Cobbler

**30**  
Pinto Beans & Ham  
Cornbread  
Fried Potatoes  
Spinach  
Chocolate Cake

**31**  
Crack Chicken over  
White Rice  
Tuscan Veggies  
White Roll  
Applesauce