

Leon Millsap Senior Activity Center

Congregate Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3
Bone In Chicken
AuGratin Potatoes
Broccoli Crunch Salad
Wheat Roll
Apple Crisp

4
Philly Steak Loaded
Potato
California Vegetables
Bread Stick
Vanilla Pudding

5 Bone In Ribs
Loaded Mashed
Potatoes
Ranch Beans
Wheat Roll
Butterfinger Cake

6 Cheeseburger
Lettuce, Tom, Onion
Side Winder Fries
Baked Beans
Coke Floats

7 Baked Fish Over
Garden Rice
Coleslaw
Hush Puppies
Cookies

10
Chicken & Dumplings
Candied Carrots
Buttery Biscuit
Banana Pudding

11
Open Face Roast
Beef Sandwich
Mashed Potatoes w/
Gravy
Oreo Cheesecake

12
Chicken Spaghetti
Italian Green Beans
Garlic Bread
Italian Cream Cake

13
Vegetable Beef Soup
Grilled Cheese
Brussel Sprouts
Peach Cobbler

14 Overnight Pork
Roast
Mashed Potatoes
Gravy
Green Peas
Strawberry Cake

17 Chicken Fried Steak
Mashed Potatoes w/
Gravy
Mixed Vegetables
Wheat Roll
Lemon Cake

18 Baked Ham
Sweet Potato
Casserole
Purple Hull Peas
Cornbread
Apple Sauce

19
Chicken Tacos
Refried Beans
Spanish Rice
Sopapilla
Cheesecake

20 Homemade Meatloaf
Mashed Potatoes
Gravy
Crack Green Beans
White Roll
Tropical Fruit

21
Great Northern Beans
w/Ham
Fried Cabbage
Regular or Mexican
Cornbread
Chocolate Cake

24 Chicken Livers or
Chicken Strips
Mashed Potatoes
Gravy
Broccoli
Biscuit & chocolate
Pudding

25
Pulled Pork Sandwich
Baked Beans
Corn
Caramel Bread
Pudding

26
Chili Dogs
Onion Rings
Coleslaw
Fruit Salad

27
Spaghetti w/ Meat
Sauce
Italian Blend Veggies
Garlic Bread
Tinted Pears

28
Scrambled Eggs
Sausage
Diced Hashbrowns
Biscuit & Gravy
Assorted Juice

FEBRUARY