


February 2025 Activity Calendar—Pope County Senior Activity Center

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| 3 9am Quilting with Flo 10am Bingo 11am Strong People 1:15pm Strong People 9am Thunderbirds Practice | 4 9am Exercise Class 10am Bingo 11am Yoga 12:30 Spiritual Enrichment 3pm Line Dancing 9 am Danville @ Beanshooters | 5 9am Watercolor Group 10am Bingo 11am Strong People 1:15 Move with Balance 9am Bean Bag Tournament | 6 9am Exercise Class 9am Crochet Group 10am Bingo 11am Yoga 3pm Line Dancing | 7 8am Stitches Sewing Group 10am Bingo 11am Strong People 1:15pm Move with Balance 2:30pm Drums Alive 9am Volleyball Tournament |
| 10 9am Quilting with Flo 10am Bingo 11am Strong People 1:15 Move with Balance 9am Thunderbirds Practice | 11 9am Exercise Class 10am Bingo 11am Yoga 12:30pm Spiritual Enrichment 3pm Line Dancing 9am Danville@Violet Rage | 12 9am Watercolor Group 10am Bingo 11am Strong People 1:15pm Move with Balance 9am Morrilton@Bean Shooters 9am Eagles@Clarksville | 13 9am Exercise Class 9am Crochet Group 10am Bingo 10am Cross Stitch Group 11am Yoga 3pm Line Dancing | 14 8am Stitches Sewing Group 10am Bingo 11am Strong People 1:15pm Move with Balance 2:30pm Drums Alive VALENTNE BINGO |
| 17 9am Quilting with Flo 10am Bingo 11am Strong People 1:15pm Move with Balance 9am Thunderbirds Practice | 18 9am Exercise Class 10am Bingo 11am Yoga 12:30pm Spiritual Enrichment 3pm Line Dancing 9am Clarksville@BeanShooters 9am Violet Rage VS Eagles | 19 9am Watercolor Group 10am Bingo 11am Strong People 1:15pm Move with Balance Duvall Family insurance Bingo 9am Beanshooters VS Eagles | 20 8am Pocola Casino Trip 9am Exercise Class 9am Crochet Group 10am Bingo 10am Cross Stitch Group 11am Yoga 3pm Line Dancing | 21 8am Stitches Sewing Group 10am Bingo 11am Strong People 1:15pm Move with Balance 2:30pm Drums Alive 9am Home Run Derby |
| 24 9am Quilting with Flo 10am Bingo 11am Strong People 1:15pm Move with Balance 9am Thunderbirds Practice | 25 9am Exercise Class 10am Bingo 11am Yoga 12:30pm Spiritual Enrichment 3pm Line Dancing 9am Clarksville@Violet Rage | 26 9am Watercolor Group 10am Bingo 11am Strong People 1:15 Move with Balance 9am Beanshooters VS Eagles | 27 9-11:30 Corn Hole 9am Exercise Class 9am Crochet Group 10am Bingo 10am Cross Stitch Group 11am Yoga 3pm Line Dancing | 28 8am Stitches Sewing Group 10am Bingo 11am Strong People 1:15pm Move with Balance 2:30pm Drums Alive |
| ON THE 2 ND AND 4 TH WEDNESDAY OF EVERY MONTH WE HAVE FUN BRIDGE @ 1PM | FOR THE MONTH OF FEBRUARY WE WILL HAVE YOGA, MONDAY THRU FRIDAY AT 10AM |  | | |