January 2025 Activity Calendar—Pope County Senior Activity Center				
Monday	Tuesday	Wednesday	Thursday	Friday
		1 CLOSED	9 AM EXCERSISE CLASS 9AM CROCHET GROUP 10AM BINGO 10AM CROSS STITCH 11 YOGA 3 LINE DANCING	3 8AM STITCHES SEWING 10 BINGO 11 STRONG PEOPLE 115 MOVE WITH BALANCE 230 DRUMS ALIVE
6 9am quilting with Flo 930am Thunderbird practice 10am Bingo 11am Strong People 1:15 Move with Balance	7 9AM EXCERSISE CLASS 10AM BINGO 11AM YOGA 1230 SPIRIT ENRICHMENT 3PM LINE DANCING	8 9AM WATERCOLOR GROUP 10AM BINGO 11AM STRONG PEOPLE 100pm Fun Bridge 115 MOVE WITH BALANCE	9 9 AM EXCERSISE CLASS 9AM CROCHET GROUP 10AM BINGO 10AM CROSS STITCH 11 YOGA 3 LINE DANCING	10 8AM STITCHES SEWING 10 BINGO 11 STRONG PEOPLE 115 MOVE WITH BALANCE 230 DRUMS ALIVE
13 9am quilting with Flo 930am Thunderbird practice 10am Bingo 11am Strong People 1:15 Move with Balance	14 9AM EXCERSISE CLASS 10AM BINGO 11AM YOGA 1230 SPIRIT ENRICHMENT 3PM LINE DANCING	15 9AM WATERCOLOR GROUP 10AM BINGO 11AM STRONG PEOPLE 100pm Fun Bridge 115 MOVE WITH BALANCE	16 9 AM EXCERSISE CLASS 9AM CROCHET GROUP 10AM BINGO 10AM CROSS STITCH 11 YOGA 3 LINE DANCING	17 8AM STITCHES SEWING 10 BINGO 11 STRONG PEOPLE 115 MOVE WITH BALANCE 230 DRUMS ALIVE
20 9am quilting with Flo 930am Thunderbird practice 10am Bingo 11am Strong People 1:15 Move with Balance	21 9AM EXCERSISE CLASS 10AM BINGO 11AM YOGA 1230 SPIRIT ENRICHMENT 3PM LINE DANCING	22 9AM WATERCOLOR GROUP 10AM BINGO 11AM STRONG PEOPLE 100pm Fun Bridge 115 MOVE WITH BALANCE	23 9 AM EXCERSISE CLASS 9AM CROCHET GROUP 10AM BINGO 10AM CROSS STITCH 11 YOGA 3 LINE DANCING	24 8AM STITCHES SEWING 10 BINGO 11 STRONG PEOPLE 115 MOVE WITH BALANCE 230 DRUMS ALIVE
27 9am quilting with Flo 930am Thunderbird practice 10am Bingo 11am Strong People 1:15 Move with Balance	28 9AM EXCERSISE CLASS 10AM BINGO 11AM YOGA 1230 SPIRIT ENRICHMENT 3PM LINE DANCING	29 9AM WATERCOLOR GROUP 10AM BINGO 11AM STRONG PEOPLE 100pm Fun Bridge 115 MOVE WITH BALANCE	30 9 AM EXCERSISE CLASS 9AM CROCHET GROUP 10AM BINGO 10AM CROSS STITCH 11 YOGA 3 LINE DANCING	31 8AM STITCHES SEWING 10 BINGO 11 STRONG PEOPLE 115 MOVE WITH BALANCE 230 DRUMS ALIVE