





Activity Center Advisory Council Members

JOE JIRINEC-PRESIDENT
NORMA HUMPHREY-VICE PRESIDENT

VICKI HIGH * ROBERT BECKHAM MARTHA HERN * SUSAN KAHON SHERRY TIDWELL



Our Drums Alive Group had a wonderful time performing here at our Center and at Brookdale as well! Great job spreading that Holiday Spirit!!





16 JANUARY

We are heading to the Casino!
\$10.00 donation

We will leave the Center at 8:00am

Roasting marshmallows, making smores, enjoying hot chocolate and time spent with Great Friends



COME HAVE FUN WITH US!

Quilting * Bean Bag Baseball * Bingo * Yoga * Watercolor Painting * Line Dancing * Corn Hole * Sewing * Drums Alive * Cards * Exercise * Spirit Enrichment * Volleyball * Crochet * And More

THANK YOU, MASTER

GARDENERS, FOR MAINTAINING

OUR BEAUTIFUL GROUNDS!



So many Wonderful Donations have been given to help with making sure our Home Delivery Participants

Have a Wonderful Christmas, Thank you Happy Hookers Crochet Group for all of your donations, Thank you to our local Quilting Group for all of your Ouilt Donations and to Home Instead



Don't forget to utilize the blood pressure machine located in the Gym. Area Agency on Aging has generously provided it for all to use.

We offer local transportation to the center for meals and activities. For more information call 479-968-5039



Meals on Wheels

If you know someone who is 60 or older and homebound, please call the center at 479-968-5039 to make a referral.

Lunch is served Monday -Friday 11:30-12:30

Age 60 & up: Suggested \$5 Donation To-Go Meals \$8 Under 60 \$8





Pope County Senior Activity Center 1010 N Rochester Ave. Russellville, AR 72801 Hours: Monday thru Friday: 7:30 a.m.—3:30 p.m.

WWW.RIVERVALLEYSENIORS.COM

(479)-968-5039 Fax (479) 890-4771

Find us on **?**

Site Coordinator Patti Qualls quallsp@fccare.org Home Delivered meals Coordinator Chelane Smith smithc@fccare.org

Senior Services
Operational Administrator

Kayla Weber weberk@fccare.org