

Johnson County Senior Activity Center

Congregate Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3
Hamburger Steak W/
Onions & Mushrooms
Candied Carrots
Biscuit
Butterscotch Pudding

4
BBQ Pork on a Bun
Mac & Cheese
Coleslaw
Brownies

5
Homemade
Lasagna
Italian Green Beans
White Roll
Fruit Cocktail Cake

6
Grilled Chicken
Roasted Potatoes
Fried Corn
Wheat Roll
Tropical Fruit

7
Fried Catfish
Hush Puppies
Coleslaw
Baked Beans
Lemon Velvet Cake

10
Biscuits & Gravy
Omelet
Sausage
Hashbrown
Juice

11
Spaghetti
Green Peas
Garlic Knots
Apple Cinnamon
Cake

12
Chicken Thigh Patty
Au Gratin Potatoes
5 Way Veggies
Wheat Roll
Pears

13
Turkey, Bacon, Cheese
Sandwich
Broccoli & Cheese Soup
Pickle
Blondie Bars

14
Homemade Meatloaf
Mashed Potatoes w/ Gravy
Seasoned Green Beans
White Roll
Zinger Cake

17
Taco Salad
Chilli Beans
Guacamole & Chips
Churro Bars

18
Chicken Tenders
Steak Fries
Roasted Zucchini
Wheat Roll
Chocolate Cake

19
Ham
Mashed Potatoes
Mixed Veggies
Biscuit
Peach Cobbler

20
Breaded Chicken on Bun
Cheese & Lettuce
Coleslaw
Sweet Potato Fries
Mandarin Oranges

21
Great Northern Beans
Baby Bakers
Fried Cabbage
Cornbread
Peanut Butter Bars

24
Cheeseburgers
Lettuce, Tomato, Pickle
Curly Fries
Baked Beans
Pineapple Chunks

25
Chicken &
Dumplings
Green Peas
Biscuit
Peaches

26
Country Fried Steak
Sandwiches
Tomato & Lettuce
Tater Tots
Mandarin Oranges

27
Salisbury Steak
Mashed Potatoes w/ Gravy
Roasted Brussels
Wheat Roll
Cranberry Crisp

28
Seasoned Pork Chops
Bermuda Veggies
Cheesy Potatoes
White Roll
Strawberry Shortcake

31 Chicken Parmesan
Over Noodles
Broccoli
Garlic Cheese
Biscuit
Chocolate Cookies

March